**Lectio Divina. 5thSunday OT. A. 5th February 2023**

**Opening Prayer**

Lord Jesus, send your Spirit to help us to read the Scriptures with the same mind that you read them to the disciples on the way to Emmaus. In the light of the Word, written in the Bible, you helped them to discover the presence of God in the disturbing events of your sentence and death. May your word guide us so that we too, like the two disciples from Emmaus, may experience the force of your resurrection and witness to others that you are alive in our midst as source of fraternity, justice and peace. We ask this of you, Jesus, son of Mary, who revealed to us the Father and sent us your Spirit. Amen.

**Scripture Reading Matthew 5: 13-16**

Jesus said to his disciples: ‘You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

  ‘You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.

**Commentary from Fr David**

**Second Reading of Scripture – Reader**

Silent Reflection – Sharing of a word or phrase from the text

**Third reading of Scripture – Quiet**

Silent reflection – Sharing of a personal reflection or impression

**Fourth Reading of Scripture – Reader**

Silent reflection – intercessory prayers from the text

**Closing Prayer**

Lord Jesus, we thank you for the word that has enabled us to understand better the will of the Father. May your Spirit enlighten our actions and grant us the strength to practice that which your Word has revealed to us. May we, like Mary, not only listen to but also practice the Word. You who live and reign with the Father in the unity of the Holy Spirit forever and ever. Amen.