



From the Long Text of Julian of Norwich's *Revelations of Divine Love* translated by Grace Warrack from MS2499 Sloane Edition discovered in 1902.¹

Image: Window from Norwich Cathedral – “Lo, How I Loved You”

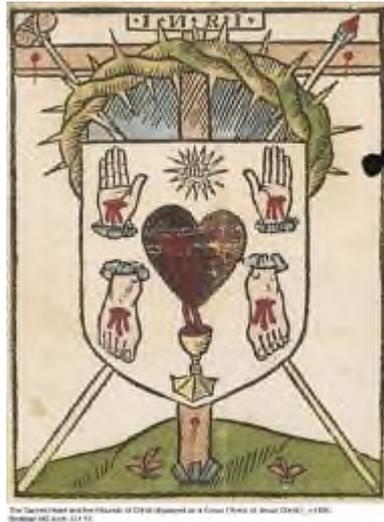
THE EIGHTH REVELATION

CHAPTER XVI.

“A Part of His Passion”

After this Christ shewed a part of his Passion near His dying... I saw His sweet face as it were dry and bloodless with pale dying. And later, more pale, dead, langouring; and then turned more dead unto blue: and then more brown-blue, as the flesh turned more deeply dead. For his Passion shewed to me most especially in His blessed face (and chiefly in His lips): there I saw these four colours, though it were afore fresh, ruddy, and pleasing, to my sight. This was a pitiful change to see, this deep dying. And also the [inward] moisture clotted and dried, to my sight, and the sweet body was brown and black, all turned out of fair, life-like colour of itself unto dry dying. For that same time that our Lord and blessed Saviour died upon the Rood, it was a dry, hard wind, and wondrous cold, as to my sight, and what time [all] the precious blood was bled out of the sweet body that might pass therefrom, yet there dwelled a moisture in the sweet flesh of Christ, as it was shewed.

¹ Julian of Norwich, *Revelations of Divine Love*. (Edition by Grace Warrack). For an engaging and informative journey into the discovery of Julian's lost manuscripts see: [\(10\) Julian of Norwich: the search for the lost manuscript, Revelations of Divine Love - YouTube](#)



Popular devotion to the Five Wounds of Christ

CHAPTER XVII

“How might any pain be more to me than to see Him that is all my life, and all my bliss, and all my joy suffer?”

And in this dying was brought to my mind the words of Christ: *I thirst*. For I saw in Christ a double thirst: one bodily; another spiritual...

CHAPTER XVIII

“When He was in pain, we were in pain.”

Here I saw a part of the compassion of our Lady, Saint Mary: for Christ and she were so oned in love that the greatness of her loving was cause of her pain... And all creatures that might suffer pain, suffered with Him..

CHAPTER XIX

“Thus was I learned to choose Jesus for my Heaven, whom I saw only in pain at that time.”

And this hath ever been a comfort to me, that I chose Jesus to my Heaven, by His grace, in all the time of Passion and sorrow; and that hath been a learning to me that I should evermore do so: choose only Jesus to my Heaven in weal and in woe.

Julian of Norwich and the Joyful Chere of Christ

CHAPTER XXI

“We be now with Him in His Pains and His passion, dying. We shall be with Him in Heaven. Through learning in this little pain that we suffer here, we shall have an high endless knowledge of God which we could never have without that.”

It is God’s will, as to mine understanding, that we have Three Manners of Beholding His blessed Passion. The First is: *the hard Pain that He suffered*, - [beholding it] with contrition and compassion. And that shewed our Lord in this time, and gave me strength and grace to see it.

And I looked for the departing with all my might, and thought to have seen the body all dead; but I saw Him not so. And right in the same time that methought, by the seeming, the life might no longer last and the Shewing of the end behoved need to be, - suddenly (I beholding the same Cross), He changed [the look of] His blessed Countenance. The changing of His blessed Countenance changed mine, and I was as glad and merry as it was possible. Then brought our Lord merrily to my mind: *Where is now any point of thy pain, or of they grief?* And I was full merry.

THE NINTH REVELATION

CHAPTER XXII

“The Love that made Him to suffer passeth so far all His Pains as Heaven is above Earth.”

... for the Second Beholding in this blessed Passion *the love that made Him to suffer passeth as far all His pains as Heaven is above Earth.*



Julian of Norwich and the Joyful Chere of Christ

CHAPTER XXIII

“The Glad Giver” “All the Trinity wrought in the Passion of Jesus Christ.”

And in these three words: *It is a Joy, a bliss, an endless satisfying to me*, were shewed three heavens, as thus: For the joy, I understood the pleasure of the Father; and for the bliss, the worship of the Son; and for the endless satisfying, the Holy Ghost. The Father is pleased, the Son is worshipped, the Holy Ghost is satisfied.

And here saw I, for the Third Beholding in His blissful Passion: that is to say, *the Joy and the Bliss that make Him to be well-satisfied in it...*

Jesus willeth that we take heed to the bliss that is in the blessed Trinity [because] of our salvation and that *we* desire to have as much spiritual enjoying, with His grace, (as it is aforesaid): that is to say, that the enjoying of our salvation be [as] like to the joy that Christ hath of our salvation as it may be while we are here.

All the Trinity wrought in the Passion of Christ, ministering abundance of virtues and plenty of grace to us by Him: but only the Maiden’s Son suffered: whereof all the blessed Trinity endlessly enjoyeth. All this was shewed in these words: *Art thou well pleased?* – and by that other word that Christ said: *If thou art pleased, then am I pleased;* - as if He said: *It is joy and satisfying enough to me, and I ask nought else of thee for my travail but that I might well please thee.*

And in this He brought to mind the property of a glad giver. A glad giver taketh but little heed of the thing that he giveth, but all his desire and all his intent is to please him and solace him to whom he giveth it.



By Australian artist Alan Oldfield



THE TENTH REVELATION

CHAPTER XXIV

“Our Lord looked unto His [wounded] Side, and beheld, rejoicing... *Lo! how I loved thee.*”

Then with a glad cheer our Lord looked unto His Side and beheld, rejoicing. With His sweet looking He led forth the understanding of His creature by the same wound into His Side within. And then he shewed a fair, delectable place, and large enough for all mankind that shall be saved to rest in peace and in love. And therewith He brought to mind His dearworthy blood and precious blood and precious water which he let pour all out for love. And with the sweet beholding He shewed His blessed heart even cloven in two.

And with this sweet enjoying, He shewed unto mine understanding, in part, *the blessed Godhead*, stirring then the pour soul to understand, as it may be said, that is, to think on, the *endless Love* that was without beginning, and is, and shall be ever. And with this our good Lord said full blissfully: *Lo, how that I loved thee*, as if He had said: *My darling, behold and see thy Lord, thy God that is thy Maker and think endless joy, see what satisfying and bliss I have in thy salvation; and for my love rejoice [thou] with me.*

And also, for more understanding, this blessed word was said: *Lo, how I loved thee! Behold and see that I loved thee so much ere I died for thee that I would die for thee; and now I have died for thee and suffered willingly that which I may. And now is all my bitter pain and all my hard travail turned to endless joy and bliss to me and to thee. How should it be now that thou shouldst anything pray that pleaseth me but that I should full gladly grant it thee? For my pleasing is thy holiness and thine endless joy and bliss with me.*

This is the understanding, simply as I can say it, of this blessed word: *Lo, How I loved thee.* This shewed our good Lord for to make us glad and merry.

Norwich, Julian of. *Revelations of Divine Love.*