

2020 program

FEBRUARY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thursday 7.00 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 5 Wed **A sharing among the Carmelite Family**
Carmelite Conversations
with participants
10.30am – noon CL
- 11 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm MR
- 15 Sat **Introduction to Meditation**
with Matthew McPhee OCarm
and Kathryn Pile
10.00am – 1.00pm OCP
- 18 Tue **Briege McKenna**
Spiritual Reading Group
with Hugh Morrison
4.30pm – 6.00pm CL
- 20 Thu **Introduction to Discernment**
Spiritual Horizons Program
with Jamie Miller
2.00pm – 4.30pm OCP
- 25 Tue **Matthew's Lenten Gospels**
with Hugh Brown OCarm
7.00pm – 9.00pm OCP

Carmelite Logo

Events in our program focusing on Carmelite spirituality are accompanied by this logo.

MARCH

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 4 Wed **Jessica Powers**
Carmelite Conversations
with Philip Harvey
10.30am – noon CL
- 12 & 19 Thu **Seasons of the Heart**
Spiritual Horizons Program
with David Hofman OCarm
3.00pm – 4.30pm CL
- 17 Tue **Walt Whitman**
Spiritual Reading Group
with Susan Southall
4.30pm – 6.00pm CL

KEY to Venues

CL	Carmelite Library	These three venues are at 214 Richardson Street Middle Park
MR	Malone Room	
OCP	O'Connor/Pilkington	
OLMC	Our Lady of Mount Carmel Church, Cnr Richardson and Wright Streets, Middle Park	

Afternoon Meditation Program

A series of contemplative meditation sessions drawing on the Christian tradition, spiritual writing and scripture to deepen a way of being in God's Presence. Run by Kathryn Pile with weekly one hour sessions on Tuesdays at 1.00 (except in school holidays, September, and on Cup Day).

APRIL

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 1 Wed **Saint Thérèse of Lisieux**
Carmelite Conversations
with Bernadette Micallef
10.30am – noon CL
- 3 Fri **"Carmelite Family" Residential Retreat**
4 Sat *Silent residential retreat*
5 Sun *with Matthew McPhee OCarm*
7.00pm Friday to after lunch on Sunday
at Santa Casa, Flinders Street, Queenscliff
- 9 Thu **Holy Thursday – Easter Sunday**
Join us at St Joseph's Church, Port Melbourne or Our Lady of Mount Carmel Church, Middle Park.
Times & details at www.sj-mc.org.au
- 18 Sat **Visit of Relics of St Thérèse of Lisieux**
Further details: www.sj-mc.org.au
- 21 Tue **Etty Hillesum**
Spiritual Reading Group
with Biruta Flood Mellins
4.30pm – 6.00pm CL

Carmelite Family Retreat Weekend

This silent residential weekend offers a reflective experience to mature and deepen our spirituality with quiet time and prayer alone and with others in the Carmelite Family. The Carmelite Family is all those interested in and influenced by Carmelite spirituality.

MAY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 6 Wed **Letters of Edith Stein**
Carmelite Conversations
with Sr Paula OCDM
10.30am – noon CL
- 12 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm OCP
- 14 & 21 Thu **Walking in the footsteps of Jesus in the Carmelite Charism**
Spiritual Horizons Program
with Bernadette Micallef
3.00pm – 4.30pm CL
- 19 Tue **Syncletica, Desert Mother**
Spiritual Reading Group
with Jill Renison
4.30pm – 6.00pm CL

JUNE

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 2 Tue **Spirituality in Islam**
Library Lecture 1
with Herman Roborgh
7.00pm – 9.00pm OCP
- 3 Wed **Blessed Titus Brandsma**
Carmelite Conversations
with Paul Cahill OCarm
10.30am – noon CL
- 16 Tue **Karen Armstrong**
Spiritual Reading Group
with Jenny Raper
4.30pm – 6.00pm CL
- 21 Sun **Winter Solstice Reflection**
A Gathering to Celebrate Creation
5.30pm – 7.30pm OCP

JULY

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 1 Wed **The Frankfurt Altarpiece**
Carmelite Conversations
with Clare O'Callaghan
10.30am – noon CL
- 16 & 23 Thu **Silence in the Life of Carmel**
Spiritual Horizons Program
with Jamie Miller
3.00pm – 4.30pm CL
- 19 Sun **Feast of Our Lady of Mount Carmel**
celebrated with our annual Mothers' Mass
All most welcome to attend.
10.30am Our Lady of Mount Carmel Church
- 21 Tue **Rose Macaulay**
Spiritual Reading Group with Carol O'Connor
4.30pm – 6.00pm CL

Spiritual Horizons – New in 2020

The Spiritual Horizons Program presents in some depth a number of key themes related to Carmelite spirituality. The Program aims:

- to facilitate our personal spiritual journey by exploring specifically Carmelite topics;
- to provide practical ways of engaging in a personal discernment process throughout; and
- to contribute to building a community around Carmelite spirituality.

Beginning with an introductory session in February to assist in the process of personal discernment throughout the program, it offers four lots of two-week sessions on Thursday afternoons in March, May, July, October. *Topics, dates, times and presenters are listed in this program and on the website under Events.*

Creative Spirituality Workshops – New in 2020

Growing out of the 2019 Symposium on *Ways of Seeing* is a program of seven **Creative Spirituality Workshops**.

Details of each workshop are on the website. It is advised to book early as numbers are limited.

Chanting with Susan Frykberg. Old and new Christian chants. No musical ability required, nor prior experience in chanting. Begins with four Saturdays in February. Later dates to be advised on the website.

Art-Journaling with Pam Cox. Art-journaling practice, learning to see and record your life as a work of art. Six fortnightly sessions, Tuesdays February to April.

Poetry with Philip Harvey. Reading and writing poetry, working through different aspects of the spiritual life. Ten sessions, 2nd Tuesday of month February to November.

Iconography with Rob Gallacher. The aim is to paint an icon of Christ Pantocrator in ten sessions over two weekends in May.

Calligraphy with Sally Diserio. Introduction to the use of a broad edged nib followed by the study of classical calligraphy alphabets, i.e. the foundational hand and the uncial hand. Six sessions May to July.

Mandala with Michele Harris. Art making as a spiritual journey utilising mandala as the conduit. Four sessions in the second half of the year. Dates to be advised.

The Spirit in Movement with Suzanne Fermanis. Movement prayer classes, which will include relaxation and yoga-based exercises. Four sessions in the second half of the year. Dates to be advised.

AUGUST

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 5 Wed **Saint Teresa of Avila & the Interior Castle**
Carmelite Conversations
with Sr Marie-Aimee OCDM
10.30am – noon CL
- 11 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm OCP
- 14 Fri **“Carmelite Family” Residential Retreat**
15 Sat *Silent residential retreat*
16 Sun *with Matthew McPhee OCarm*
7.00pm Friday to after lunch on Sunday
at Santa Casa, Flinders Street, Queenscliff
Check the website for further details.
- 18 Tue **Richard Rohr**
Spiritual Reading Group with Susan Frykberg
4.30 – 6.00pm CL
- 25 Tue *Everywhere you go, you take the weather with you!*
Personality, spirituality, and the sense of self.
Library Lecture 2 with Bill Attard
7.00pm – 9.00pm OCP

Lectio Divina

Every Friday at 9.30am in Our Lady of Mount Carmel Church, Middle Park, David Hofman OCarm leads a group in understanding and praying the scriptures using the practice of *lectio divina* (divine reading) *For more details check the website under Support / Stillness & Silence.*

Spiritual Direction

Spiritual Direction conversations about what's important to you can support and facilitate your spiritual journey. *For more details check the website under Support.*

NOVEMBER

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 4 Wed **Saint Teresa of Avila & the Presence of God**
Carmelite Conversations
with Sr Miriam OCDM
10.30am – noon CL
- 8 Sun **Commissioning Liturgy for Pilgrims**
10.30am OLMC
- 10 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm OCP
- 13 Fri **The Carmelite Way Pilgrimage**
begins at 9.00am Lilydale Station
- 17 Tue **Saint Kassiani the Hymnographer**
Spiritual Reading Group
with Bata Bardak
4.30pm – 6.00pm CL

DECEMBER

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 2 Wed **Saint John of the Cross**
Carmelite Conversations
with Michael Brundell, OCarm
10.30am – noon CL
- All are welcome to join the community of Our Lady of Mount Carmel and St Joseph's for Christmas services. Check website in December for details: www.sj-mc.org.au

SEPTEMBER

- Weekly** **No Tuesday Afternoon Meditation this month.**
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 2 Wed **Portraits of Lay Carmelites**
Carmelite Conversations
with Emily Rudov
10.30am – noon CL
- 9 Wed **The 2020 Carmelite Way Pilgrimage Information Evening**
with The Carmelite Centre Team
6.30pm – 8.00pm OCP
- 15 Tue **Dame Julian of Norwich**
Spiritual Reading Group
with Janette Elliott
4.30pm – 6.00pm CL

Carmelite Way Pilgrimage

Join us on our **eleventh annual pilgrimage** along the beautiful Lilydale Warburton Rail Trail culminating at the Sancta Sophia Meditation Centre in Warburton.
FRIDAY 13 to SUNDAY 15 NOVEMBER

Carmelite Conversations

On the first Wednesday morning of each month (February to December) we explore a topic related to the rich tradition of Carmelite spirituality. The dates and topics are listed in this program and on the website under Events. Please book. All are welcome to join the conversation any month.

Spiritual Reading Group

On the third Tuesday afternoon of each month (February to November) we explore a text from a mystic or spiritual thinker. You are welcome to attend any month.

OCTOBER

- Weekly** Afternoon Meditation: Tuesday 1.00 – 2.00 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 7 Wed **The Carmelite Rule**
Carmelite Conversations
with Teresa Paradowski
10.30am – noon CL
- 20 Tue **John Henry Newman**
Spiritual Reading Group
with Brian Harold
4.30pm – 6.00pm CL
- 22 & 29 Thu **Justice & Peace in the Carmelite Tradition**
Spiritual Horizons Program
with Clare McArdle
3.00pm – 4.30pm CL

Carmelite Family Retreat Weekend

This silent residential weekend offers a reflective experience to mature and deepen our spirituality with quiet time and prayer alone and with others in the Carmelite Family. The Carmelite Family is all those interested in and influenced by Carmelite spirituality.

Pastoral Supervision – New in 2020

Pastoral Supervision provides professional and personal support to people working in Church Ministry. Offered in a trusting and confidential setting, the benefits can include improved workplace relationships, renewed sense of vocation, clarity of roles, support and managing stress. *For more details check the website under Support.*

Your Parish, School, Organisation

You can request our qualified and experienced facilitators to provide workshops and retreats for your parish, school or organisation.

THE CARMELITE CENTRE MELBOURNE

Our program is designed around three threads which reflect the Carmelite Way:

Stillness & Silence

gives us the reflective space from which we can act.

Express & Explore

allows us to meet others with whom we can think and talk about the Carmelite Way.

Embrace & Act

allows us to bring contemplation into every aspect of our lives.

The Carmelite Centre Melbourne

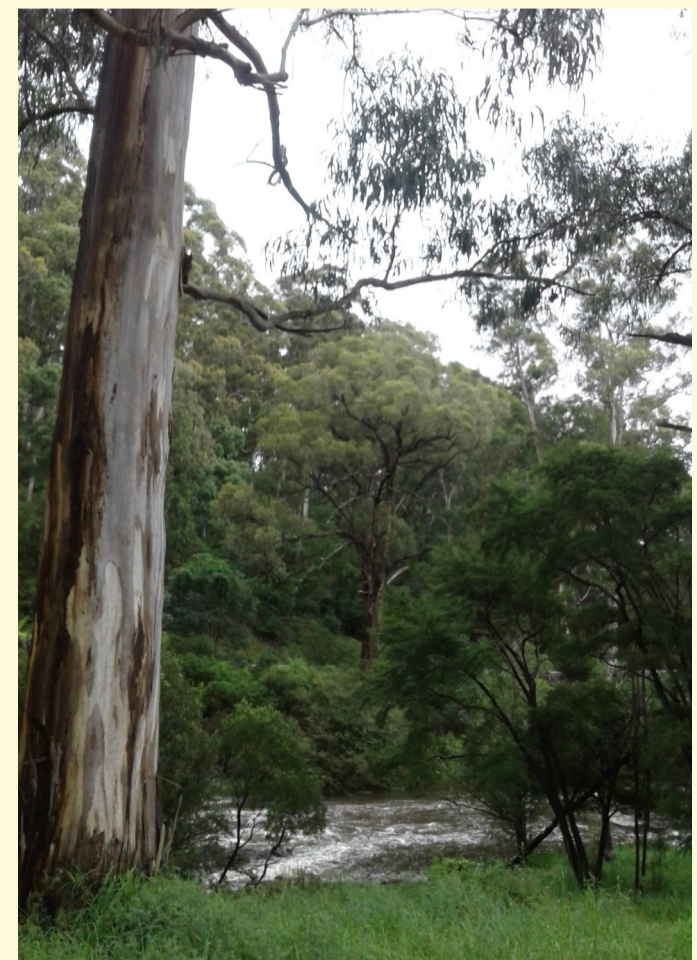
is a joint ministry of the Carmelites of Australia & Timor-Leste and the Carmelite Parish of Port Melbourne/Middle Park.

214 Richardson Street
Middle Park Vic 3206
(03) 9690 5430

www.thecarmelitecentremelbourne.org
info@thecarmelitecentremelbourne.org

By tram: No. 12 from Collins Street to stop 135 (Richardson Street)
No. 96 from Bourke Street to stop 129 (MSAC / Wright Street)
By car: Melways Reference: 2K C10

THE CARMELITE CENTRE MELBOURNE



facilitating spiritual journeys

2020
PROGRAM