



2019 program

FEBRUARY

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 6 Wed **Saint Thérèse of Lisieux and Georges Bernanos**
Carmelite Conversations with Kathleen Alleaume-Ross
10.30am – noon CL
- 9 Sat **Meditation & Mindfulness Program**
with Peter Thomas
9.00am – 12.30pm OCP
- 12 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm OCP
- 14 Thu **Carmelite Spiritual Learning Circle**
3.00pm – 4.30pm CL
- 19 Tue **Henry Corbin**
Spiritual Reading Group with Susan Frykberg
4.30pm – 6.00pm CL
- 26 Tue **Luke’s Lenten Gospels**
with Br Matthew Tonini OCarm
7.00pm – 9.00pm OCP

Carmelite Logo

Events in our program focusing on Carmelite Spirituality are accompanied by this logo.

MARCH

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 6 Wed **Five Carmelite Saints**
Carmelite Conversations with Damien Peile
10.30am – noon CL
- 12 Tue **Exploring a framework of spirituality within religious education**
Library Lecture 1 with Rina Madden
7.00pm – 9.00pm OCP
- 19 Tue **Religion ‘Out of Africa’**
Spiritual Reading Group with Jenny Raper
4.30pm – 6.00pm CL
- 30 Sat **Wisdom for the Lenten Journey**
A Day of Prayer with Peter Martin
10.00am – 3.00pm OCP

Carmelite Family Retreat Weekend

The retreat is a silent residential weekend: a reflective experience to mature and deepen our spirituality. There will be personal quiet time and prayer as well as interacting with others in the Carmelite Family.

The Carmelite Family is all those interested in and influenced by Carmelite spirituality.

APRIL

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 3 Wed **The Martyrs of Compiègne**
Carmelite Conversations with Emily Frazer
10.30am – noon CL
- 12 Fri **Silence in the Carmelite Tradition**
Silent residential retreat
13 Sat *with Matthew McPhee OCarm*
14 Sun 7.00pm Friday to after lunch on Sunday at Santa Casa
33-35 Flinders Street, Queenscliff
Check the website for further details.
- 16 Tue **Timothy Radcliffe OP**
Spiritual Reading Group with Susan Southall
4.30pm – 6.00pm CL

EASTER

The celebration of Easter begins on Holy Thursday evening (18 April) and continues to Easter Sunday (21 April)

Join us at St Joseph’s Church, Port Melbourne or Our Lady of Mount Carmel Church, Middle Park, for the Easter Ceremonies.
Times & details at www.sj-mc.org.au

MAY

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 1 Wed **Blessed Titus Brandsma**
Carmelite Conversations with Sr Paula OCDM
10.30am – noon CL
- 9 Thu **Carmelite Spiritual Learning Circle**
3.00pm – 4.30pm CL
- 14 Tue **Eco-Spiritual Reading Circle**
5.00pm – 6.30pm MR
- 21 Tue **The Benedictine Rule**
Spiritual Reading Group with Jamie Miller
4.30pm – 6.00pm CL
- 23 Thu **SYMPOSIUM: Ways of Seeing:**
24 Fri *Three days of Spiritual Workshops*
25 Sat *See below for more details*

JUNE

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 5 Wed **Saint John of the Cross**
Carmelite Conversations with Christopher Morris
10.30am – noon CL
- 11 Tue **The Challenge of Secularism**
Library Lecture 2 with Barney Zwartz
7.00pm – 9.00pm OCP
- 18 Tue **Saint Vincent Pallotti**
Spiritual Reading Group with Lindsay Rust
4.30pm – 6.00pm CL
- 22 Sat **Meditation & Mindfulness Program**
with Peter Thomas
9.00am – 12.30pm OCP

JULY

- Weekly** Morning Christian Meditation: Thurs 10 – 11 MR
Evening Meditation: Thurs 7 – 7.45 MR
Lectio Divina: Fridays 9.30 – 10.30am OLMC
- 3 Wed **Roland Murphy and Wisdom Literature**
Carmelite Conversations with Philip Harvey
10.30am – noon CL
- 14 Sun **Feast of Our Lady of Mount Carmel**
celebrated with our annual Mothers’ Mass
All most welcome to attend.
10.30am Our Lady of Mount Carmel Church
- 16 Tue **Sufism**
Spiritual Reading Group with Herman Roborgh
4.30pm – 6.00pm CL
- 25 Thu **Carmelite Spiritual Learning Circle**
3.00pm – 4.30pm CL

SYMPOSIUM

Ways of Seeing: Three days of Spiritual Workshops Thursday 23 to Saturday 25 May

This year’s Symposium engages with the inner journey and how it can be manifested outwardly. It’s about how each one of us uses art forms – painting, drawing, journaling, writing, music, movement – as means to spiritual exploration and expression.

The workshops are an invitation to creative involvement and taking time out; about personal growth, experience, and relationship.

The presenters are facilitators who, using their own skills, enable participants to shift their thinking and take on new possibilities.

A detailed program and bookings will be available in April.

Christian Meditation Program

This new “Christian Meditation Program” is a series of contemplative meditation sessions drawing on the Christian tradition, spiritual writing and scripture to deepen a way of being in God’s Presence.

This is an invitation for all those with an open heart, who are seeking to bring unity and wholeness into daily life.

The program will be run by Kathryn Pile with weekly one hour sessions (except for school holidays and public holidays). [Please note: no session on Thursday 23rd May.]

KEY to Venues

CL	Carmelite Library	These three venues at 214 Richardson Street Middle Park
MR	Malone Room	
OCP	O’Connor/Pilkington	
OLMC	Our Lady of Mount Carmel Church, Cnr Richardson and Wright Streets, Middle Park	

Meditation & Mindfulness Days

Every Thursday evening a group meets with an experienced teacher to practice meditation together.

For those new to meditation, who may like to join this regular group, a Saturday program offers the opportunity to gently introduce the practice and benefits of meditation into your life. It is a simple and effective method with a progressive step-by-step approach.

Days of Prayer

Throughout this year you will have the opportunity to experience three different days of prayer. Each day will introduce and focus on a particular prayer practice.


The three prayer practices are:

Eastern Tradition: John Climacus’ 30 steps - 30 March
Contemporary: The Prayer of Everyday Life - 3 August
Carmelite Tradition: Contemplative Prayer - 30 November


AUGUST

Weekly	Morning Christian Meditation: Thurs 10 – 11 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
3 Sat	The Prayer of Everyday Life <i>A Day of Prayer with Simon Carey Holt</i> 10.00am – 3.00pm OCP
7 Wed	Saint Teresa of Avila <i>Carmelite Conversations with Katherine Blyth</i> 10.30am – noon CL
13 Tue	Eco-Spiritual Reading Circle 5.00pm – 6.30pm OCP
20 Tue	Evelyn Underhill <i>Spiritual Reading Group with Carol O'Connor</i> 4.30 – 6.00pm CL
27 Tue	An Introduction to Bookbinding <i>Library Lecture 3 by members of the Victorian Bookbinders' Guild</i> 7.00pm – 9.00pm OCP

Lectio Divina

 Every Friday at 9.30am in Our Lady of Mount Carmel Church, Middle Park, David Hofman OCarm leads a group in understanding and praying the scriptures using the practice of *lectio divina* (divine reading.) *Visit the website for more information.*

Spiritual Direction

 Spiritual Direction conversations can support and facilitate your spiritual journey. *For more information visit the website (under Support).*

NOVEMBER

Weekly	Morning Christian Meditation: Thurs 10 – 11 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
3 Sun	Commissioning Liturgy for Pilgrims 10.30am OLMC
6 Wed	Saint Raphael Kalinowski <i>Carmelite Conversations with Bernadette Micallef</i> 10.30am – noon CL
8 Fri	The Carmelite Way Pilgrimage begins 8.00am OLMC
12 Tue	Eco-Spiritual Reading Circle 5.00pm – 6.30pm OCP
19 Tue	Rumi <i>Spiritual Reading Group with Ann Rochford</i> 4.30pm – 6.00pm CL
30 Sat	Carmelite Contemplative Prayer <i>A Day of Prayer with David Hofman OCarm</i> 10.00am – 3.00pm OCP

DECEMBER

Weekly	Morning Christian Meditation: Thurs 10 – 11 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
4 Wed	Saint John of the Cross <i>Carmelite Conversations with Michael Brundell, OCarm</i> 10.30am – noon CL
12 Thu	Carmelite Spiritual Learning Circle 3.00pm – 4.30pm CL
	All are welcome to join the community of Our Lady of Mount Carmel and St Joseph's for Christmas services. See website in December for details: www.sj-mc.org.au

SEPTEMBER

Weekly	Morning Christian Meditation: Thurs 10 – 11 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
4 Wed	John Welch and the Carmelite Way <i>Carmelite Conversations with Irene Hayes</i> 10.30am – noon CL
11 Wed	The 2018 Carmelite Way Pilgrimage Information Evening <i>with The Carmelite Centre Team</i> 6.30pm – 8.00pm OCP
17 Tue	Anthony De Mello <i>Spiritual Reading Group with Philippa Wetherell</i> 4.30pm – 6.00pm CL

Carmelite Way Pilgrimage

Join us to celebrate **our tenth annual pilgrimage** along the beautiful Lilydale Warburton Rail Trail culminating at the Sancta Sophia Meditation Centre.

FRIDAY 8 to SUNDAY 10 NOVEMBER

Carmelite Conversations

 On the first Wednesday morning of each month (February to December) we explore the work of a Carmelite spiritual writer, drawing on the rich tradition of Carmelite spirituality. All are welcome to join the conversation of any month.

Spiritual Reading Group

On the third Tuesday of each month (February to November) we explore a text from a mystic or spiritual thinker. You are welcome to attend any month.


OCTOBER

Weekly	Morning Christian Meditation: Thurs 10 – 11 MR Evening Meditation: Thurs 7 – 7.45 MR <i>Lectio Divina</i> : Fridays 9.30 – 10.30am OLMC
2 Wed	Saint Teresa of Avila <i>Carmelite Conversations with Sr Marie-Aimee OCDM</i> 10.30am – noon CL
10 Thu	Carmelite Spiritual Learning Circle 3.00pm – 4.30pm CL
12 Sat	Meditation & Mindfulness Program <i>with Peter Thomas</i> 9.00am – 12.30pm OCP
15 Tue	Sor Juana Inés de la Cruz and Octavio Paz <i>Spiritual Reading Group with Emily Frazer</i> 4.30pm – 6.00pm CL
22 Tue	An Evening of Talks on Icons <i>Library Lecture 4</i> 7.00pm – 9.00pm OCP

Carmelite Spiritual Learning Circle

The Carmelite Spiritual Learning Circle meets five times in the year on a Thursday afternoon. It is a reflective and experiential group that seeks to deepen spirituality by exploring Christian topics such as compassion, forgiveness, hope, atonement.

Your Parish, School or Organisation

 You can request our qualified and experienced facilitators to provide workshops and retreats for your parish, school or organisation.

THE CARMELITE CENTRE MELBOURNE

Our program is designed around three threads which reflect the Carmelite Way:

Stillness & Silence

gives us the reflective space from which we can act.

Express & Explore

allows us to meet others with whom we can think and talk about the Carmelite Way.

Embrace & Act

allows us to bring contemplation into every aspect of our lives.

The Carmelite Centre Melbourne

is a joint ministry of the Carmelites of Australia & Timor-Leste and the Carmelite Parish of Port Melbourne/Middle Park.

214 Richardson Street
Middle Park Vic 3206
(03) 9690 5430

www.thecarmelitecentremelbourne.org
info@thecarmelitecentremelbourne.org

By tram: No. 12 from Collins Street to stop 135 (Richardson Street)
No. 96 from Bourke Street to stop 129 (MSAC / Wright Street)
By car: Melways Reference: 2K C10

THE CARMELITE CENTRE MELBOURNE



facilitating spiritual journeys

2019 PROGRAM