



THE CARMELITE

CENTRE MELBOURNE

PROGRAM

SEMESTER 1

JANUARY - JUNE 2013

The Carmelite Centre Melbourne is a joint project of The Carmelite Province of Australia and East Timor, and The Parish of Port Melbourne-Middle Park.

The programs and services offered by The Carmelite Centre arise from the activities of The Carmelite Library, the National Carmelite Shrine of Our Lady of Mt Carmel and the Parish of Port Melbourne-Middle Park.

Registrations—03 9690 5430, registration@thecarmelitecentremelbourne.org

A map of the venue and public transport details are on the back cover.

N.B. Many of our programs are recognized by the Catholic Education Office Melbourne and the Catholic Education Commission of Victoria for accumulating hours toward accreditation to teach in a Catholic school.



PROGRAM SEMESTER 1 JANUARY – 30 JUNE 2013

The Carmelite Centre Melbourne reflects the values of contemplation, free thinking, simplicity, humility and grace. We honour the individual, embrace community and welcome people who seek spiritual and personal enrichment into our range of activities.

Our focus at The Carmelite Centre Melbourne is on:

- Developing Spiritual Journeys
- Developing Spiritual Leaders
- Spiritual Leadership through Service and Outreach

The Carmelite Centre Melbourne
214 Richardson St,
Middle Park, Victoria 3206
03 9690 5430

Email: info@thecarmelitecentremelbourne.org

Website: www.thecarmelitecentremelbourne.org

Many sessions are recognized by the Catholic Education Office Melbourne, and the Catholic Education Commission of Victoria, for accumulating hours toward Accreditation to teach in a Catholic School.



WELCOME TO THE CARMELITE CENTRE MELBOURNE'S PROGRAM FOR FIRST SEMESTER 2013

You are warmly invited to participate in any or all of our talks, retreats, workshops and opportunities for prayer and reflection. The Carmelites' traditional charisms of Prayer, Fraternity and Service lead to a contemplative disposition and are reflected in our program headings—Spirituality, Community and Service.

Sessions are organised for different days and times to maximise your opportunities to attend. Costs vary for the programs so please check them on the calendar.

This year we are introducing a Spiritual Enrichment Program for those wishing to deepen their connection with God. Participants can design their own package from the retreats, courses, talks and services offered in this program. Contact us for more information and to enrol in our Spiritual Enrichment Program.

From time to time we offer additional activities not included in this brochure. Please check our website or sign up for our newsletter for updates. For example this year there will be two talks on 'Youth Suicide' and 'Social Media', the details of which are not yet available for inclusion in this program. Contact us if you are interested in either of these topics and we will send you the details as soon as possible.

www.thecarmelitecentremelbourne.org



THE SPIRITUAL JOURNEY

The Carmelite Centre Melbourne provides a contemplative space, companionship and a range of services specifically designed for people on the spiritual path. To make appointments or to avail yourself of these services, ring 03 9690 5430 or email:

info@thecarmelitecentremelbourne.org

SPIRITUAL DIRECTION

This is a series of one-on-one meetings with a qualified Spiritual Director who will help you listen for God's spirit at work in you. People facing a significant challenge to their faith, or who want more from their spiritual life will find meetings with a Spiritual Director transformative. For details on our Spiritual Directors refer to the Biography section of this brochure.

EVERYDAY RETREATS & RETREAT DAYS

To retreat is to stop, be still and listen to the spirit. Everyday Retreats are personalized non-residential programs designed to find inner stillness while going about your daily business. Everyday Retreats are usually structured to assist you to pray and reflect and they include regular meetings with one of our qualified Spiritual Directors.

CONTEMPLATIVE COUNSELLING

Spiritual practices of silence, stillness and mindfulness are the essence of Contemplative Counselling which helps us live more fully in the present. Contemplative Counselling shifts attention away from chattering thoughts and toward a focus on living in a more considered and heart-felt way.

SUPPORT FOR GRIEF AND LOSS

Loss is a constant presence in life. We feel it when someone we loved dies, when we lose the robustness of our bodies, when our relationships or jobs change. Sometimes loss feels like enduring a recurring storm. Counselling enables us to stay afloat during these turbulent times.

SPIRITUALITY DAYS

The Carmelite Centre Melbourne offers first class workshop facilities and our team is available to design a variety of professional development sessions to help groups and organizations reflect on their achievements, establish a vision of their future, or focus on ways to improve their operations.



DREAM REFLECTION

The Carmelite Centre Melbourne offers dream groups for those wishing to reflect on their dreams. Dream Groups generally run in blocks of up to 10 sessions and we require at least 5 members to start one. Contact us if you are interested in joining a Dream Group.

THE CARMELITES

Curious about The Carmelites? Contact us to discover more about this tradition and its unique charisms.

THE CARMELITE LIBRARY

This unique collection of books on spirituality and mysticism is unparalleled in Australia and serves the needs of theological researchers, students and anyone on the sacred journey. Join the library and become part of a keen community of readers. For more information ring the library on 03 9682 8553 or visit www.carmelite-library.org



FIRST SEMESTER 2013 PROGRAM DESCRIPTION

Please refer to our website www.thecarmelitecentremelbourne.org for updates and more information on our sessions, or for unscheduled events that we offer from time to time.

Registrations are recommended. You can register by:

- calling 03 9690 5430
- emailing registration@thecarmelitecentremelbourne.org
- visiting www.thecarmelitecentremelbourne.org

Members of St Joseph's and Our Lady of Mount Carmel Parish receive 25% discount (excluding residential retreats, our annual pilgrimage, the Online Spirituality Course and Spiritual Direction).

SPIRITUALITY

CARMELITE & CHRISTIAN EDUCATION

Online Carmelite Spirituality Course—this course in Carmelite Spirituality is offered in association with The Carmelite Institute of Britain and Ireland. This Adult Education Diploma in Carmelite Studies is for those who wish to further their appreciation of the Carmelite tradition. Contact us for details of modules available in 2013.

FAITH AND SPIRITUALITY SERIES:

Lenten Program—three talks exploring the rituals, traditions and history of Lent in the Christian tradition and how these remain relevant in our lives today. Convened by Fr. David Hofman O. Carm.

Creative Liturgy Program—invites the community into a collaborative project reflecting on Lenten themes. This will take place during every mass at St Joseph's and Our Lady of Mount Carmel Church during Lent. Convened by Sally Diserio.

Art Words—is a workshop in which participants work collaboratively to celebrate Pentecost. No experience or talent is necessary, just a willingness to make your own mark on a collective project that will surprise. Facilitated by Sally Diserio.



The Wellsprings of Contemplation—an exploration of the ways contemplation is expressed in all faiths and how the different methods bring stillness into our life. Facilitated by Charles Thermos.

Julian of Norwich — A Vision of Hope for Our Time—an introduction to and a meditative reflection on the message of the medieval mystic Julian of Norwich. Facilitated by Hugh Morrison.

Celtic Spirituality—explores the story of the Celts, the demise and virtual extinction of Celtic influence in Irish Catholic practice and the renewed interest in rich imagery and thought of the Celtic culture and spirituality. Facilitated by Marie Cassar.

Nurturing The Spirituality Of Children—Sarah Duffy and Michelle Trebilcock will draw on their personal and professional experience to provide a seminar for parents, godparents, grandparents and others who seek to nurture the spirituality of the children in their lives.

Spiritual Roots of our Ecological Crisis—a presentation by Fr. [Dr.] Eduardo Andres Agosta Scarel exploring relationships between science and faith, science and philosophy, spirituality and ecology.

iGod Series 2013—explore the nexus between spirituality and the technology of our everyday world. Sessions one and two of this series of four are offered this semester. Convened by David Cheah.

Introductory Meditation Sessions—instruction for the beginner on the techniques and spiritual traditions related to meditation practice. First Thursday of each month. Facilitated by Peter Thomas.

Information Session on Self-Paced Meditation—this free session introduces the Meditation and Mindfulness Practice course. Come to either or both the information session and the course.

Self-Paced Meditation—a 12 week Meditation and Mindfulness Practice course completed wherever you are. Choose when your course begins. Individual support and weekly meditation sessions included. Facilitated by Peter Thomas.



HEALTH AND WELLBEING SERIES

Relax to the Max—promotes care of your body-temple through gentle movement, loving breathing exercises and conscious relaxation techniques. Facilitated by Jenny Anderson.

Keeping Relationships Alive—an evening of guidance and conversation on how to deepen and enrich the loving relationship in your life. Facilitated by Michael McGartland.

Information Session: Spirituality of Play—this free introduction will draw participants into their own playfulness and outline the elements of the March workshop. Facilitated by Rev. Peter Batten.

Spirituality of Play—Weekend Workshop—invites participants into their playfulness through meditation, art, clowning, voice and movement techniques and story play. Come to either or both the information session and weekend workshop. Facilitated by Rev Peter Batten.

Dream Workshop—an experiential workshop uncovering the nature of dreams and their meaning. Though dreams are welcome, you do not have to bring a dream to share. Facilitated by Donna Ward.

CREATIVITY SERIES

Poetry for the Soul—this year poets share their spiritual journeys reading their own writings and that of those who inspired them. First Semester guests: Les Murray, Mark Tredinnick and Anne Elvey.

Mary in Art—a Carmelite Library talk on the representation of Mary throughout Christian history by Andrew Bullen S.J.

The Corpse in the Cloister—Graham Dudley from the Carmelite Library explores famous murder mystery fiction set in religious locations like monasteries and churches.

The Uncreated Light: A Seminar on Iconography—join Ursula Betka and a panel of speakers as they discuss iconography in history, worship, devotion and theology, as well as the fundamentals of making icons.



Writing the Sacred Group—is an ongoing weekly group for writers. Every week includes discussion on the art and craft of writing, time to write and discuss one's own work. Facilitated by Donna Ward.

Spiritual Reading Group—a guided discussion on spiritual writings held on the third Tuesday of each month. Participants will be provided with reading material before each meeting for a full and lively discussion. Visit our website for details of authors and texts being explored in Semester 1.

SPIRITUAL RETREATS

Meditation and the Pursuit of Happiness—this two day non-residential meditative retreat explores the meaning of happiness, its importance for everyday living and as the goal of a virtuous life. Bring writing materials for exercises and making notes. Facilitated by Peter Thomas.

Easter Retreat Day: Living the Resurrection Today—a one day retreat reflecting on our own experiences of 'resurrection' and the meaning and mystery of Easter as we live it today. Facilitated by Bernadette Micallef.

Writing the Sacred Retreat: Queenscliff—this fully catered residential retreat at Santa Casa explores the sacred and how we write it. Guest facilitators Mark Tredinnick, Philip Harvey and Donna Ward will guide us with presentations and workshops and there will be time for quiet reflection, reading and writing.

PRAYER AND LITURGY

Tuesday Matins Prayer—begin your day with prayers, psalms and meditation based on The Divine Office or Liturgy of The Hours and be reminded of the presence of God throughout the day.

Lectio Divina—a weekly reflection on the scriptures in the tradition of The Carmelites led by the members in The Lady Chapel OLMC.

Meditation—a weekly meeting of ordinary people to benefit from awareness. With Peter Thomas.



The Church of Our Lady of Mount Carmel—opens daily from 8.30am-6.00 pm. Shrines within the church are: Our Lady of Mount Carmel, St Therese of Lisieux, St Mary of the Cross MacKillop, The Prophet Elijah and The Sacred Heart. Visit www.sj-mc.org.au for information on Sunday masses at both St Joseph's and Our Lady of Mount Carmel.

Throughout the year special masses are held at the Shrine of Our Lady of Mount Carmel including:

- Healing Mass, celebrated on the Feast of Our Lady, Help of Christians
- Mothers' Mass, celebrated on the Feast of Our Lady of Mount Carmel
- the Mass of Love and Hope, celebrated on the Feast of St Therese of Lisieux
- the Mass of Remembrance, celebrated near to All Saints Day and All Souls Day
- Thanksgiving Mass, celebrated at midnight on Christmas Eve

COMMUNITY

COOKING PROGRAM: FACILITATED BY GAYLE MCINTYRE

Bread is the biblical symbol of eternal life and bread making is a subtle approach to understanding the mystery of the symbolism. Book early for any of these classes, places are limited. All classes include notes and handouts.

Gluten Free Baking—omitting gluten does not have to mean sacrificing taste. Learn techniques and ingredients used in some gluten-free delights.

Baking with Honey—honey tastes good and is great for our health. This workshop includes facts about bees and honey and how to substitute honey for sugar in baked goods.

Easy as Pie—easy recipes for the beginner and to reassure those who gave up trying to bake pie long ago. No puff pastry yet, just a few 'no-fail' basic crusts and fillings.

Egg and Dairy Free Baking—tips for substitutions and some adaptable stand-by recipes for those with allergies to egg and dairy. Bring your own tips, an apron and a container.

Sourdough Baking—make your own dough to take home and bake in the morning. Bring your own bowl, wooden spoon and jar to take home your starter.



Creative Kids Program —‘Children are the heritage of the Lord.’ Psalm 127. Verse 3.
This regular group brings kids (aged 5-9) together to nurture their creativity, spirituality and sense of community. During First Semester this program offers a range of activities. To find out more visit our website or contact us.

SERVICE

Mentoring Program for Carmelite Students—The Carmelites of Australia and East Timor provide support and training for East Timorese students studying for the priesthood in Australia. The Carmelite Centre Melbourne is building a team of mentors to assist students with academic studies or other aspects of their training. Contact us if you would like to be involved in this Carmelite work.



FEBRUARY

Fri	1	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	2	
Sun	3	Gluten Free Baking: When 1–4 pm. Venue: O'Connor Pilkington Rooms. With: Gayle McIntyre. Cost \$50. PLACES LIMITED
Mon	4	
Tues	5	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Relax to the Max: When 10–11.30 am. Venue: O'Connor Pilkington Rooms. With Jenny Anderson. Cost: \$25. (Full Series discount \$75 by 1 February.) Julian of Norwich—A Vision of Hope for Our Time: When: 7–9 pm. Venue: O'Connor Pilkington Rooms. With: Hugh Morrison Cost: \$20.
Wed	6	
Thurs	7	Meditation Evening in Malone Room with Peter Thomas: <ul style="list-style-type: none"> • Meditation for Beginners: ½hr teaching session. When: 6.30pm. Cost: \$5. • Meditation: When: 7–7:45pm. No Cost. • Information Evening—Self Paced Meditation Course: When: 8–9 pm. No Cost.
Fri	8	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	9	Creative Kids Group: When: 2–4 pm. Venue: O'Connor Pilkington Rooms. Visit website for more info.
Sun	10	
Mon	11	
Tues	12	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Relax to the Max: When 10–11.30 am. Venue: O'Connor Pilkington. With Jenny Anderson. Cost: \$25. (Full Series discount \$75 by 1 February.)
Wed	13	Ash Wednesday
Thurs	14	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	15	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	16	
Sun	17	Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.
Mon	18	Spiritual Enrichment Program Information Session: When 6.30-8.00pm. Venue: O'Connor Pilkington Rooms. With: Clare Shearman, Damien Peile and The Carmelite Centre Spiritual Directors



Tues	19	<p>Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost.</p> <p>Spiritual Reading Group: When: 4.30-6 pm. Venue: The Carmelite Library. Cost: \$10.</p> <p>Information Session—Spirituality of Play: When 7–9 pm. Venue: O’Connor Pilkington Rooms. With Rev Peter Batten. No Cost.</p>
Wed	20	<p>Lenten Talk I: When: 7–9 pm. Venue: O’Connor Pilkington Rooms. With: David Hofman O.Carm. Cost: \$10.</p> <p>Last day for full series discount on “Poetry for the Soul.”</p>
Thurs	21	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	22	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat/ Sun	23/ 24	Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.
Mon	25	
Tues	26	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost.
Wed	27	Poetry for the Soul—The sacred life of Les Murray: When: 6.30–8.30 pm. Venue: O’Connor Pilkington Rooms. Cost: \$25. (Full Series discount: \$75 by 8 February)
Thurs	28	<p>Morning Tea with Les Murray: Poetry Reading. When: 10–11.30am. Venue: O’Connor Pilkington Rooms. Cost: \$30. (Early Bird: \$20 by 20 February)</p> <p>Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.</p>

MARCH

Sun	3	<p>Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.</p> <p>Baking with Honey: When: 1–4 pm. Venue: O’Connor Pilkington Rooms. With: Gayle McIntyre. Cost: \$50. PLACES LIMITED.</p>
Mon	4	
Tue	5	<p>Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost.</p> <p>Mary in Art—First Carmelite Library Seminar: When: 7-9pm Venue: O’Connor Pilkington Rooms. With Andy Bullen SJ. Cost: \$20</p> <p>Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.</p>



MARCH (CONT'D)

Wed	6	
Thurs	7	<p>iGod Session 1: When 7.30-9 pm. Venue: St Josephs Conference Centre Facilitator: David Cheah. Cost \$25.</p> <p>Meditation for Beginners: ½hr teaching session. When: 6.30pm. Venue: The Malone Room. Cost: \$5.</p> <p>Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.</p>
Fri	8	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	9	
Sun	10	Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.
Mon	11	Labour Day
Tues	12	<p>Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost.</p> <p>Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.</p>
Wed	13	Lenten Talk II—Spiritual Roots of our Ecological Crisis: When: 7–9 pm. Venue: O’Connor Pilkington Rooms. With: Fr. [Dr.] Eduardo Andres Agosta Scarel O.Carm. Cost: \$10.
Thurs	14	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	15	<p>Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.</p> <p>Spirituality of Play Weekend Workshop begins: When 7–9 pm. Venue: O’Connor Pilkington Rooms. With Rev Peter Batten. Cost. \$150.</p>
Sat/ Sun	16/ 17	<p>Spirituality of Play Weekend continues: When: 10–4 pm Venue: O’Connor Pilkington Rooms.</p> <p>Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.</p>
Mon	18	
Tue	19	<p>Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost.</p> <p>Spiritual Reading Group: When: 4.30-6 pm. Venue: The Carmelite Library. Cost: \$10.</p> <p>Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.</p>



Wed	20	Lenten Talk III: When: 7–9 pm. Venue: O’Connor Pilkington Rooms. With David Hofman O.Carm. Cost: \$10.
Thurs	21	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	22	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	23	
Sun	24	Creative Liturgy: When: all Weekend Masses during Lent. With: Sally Diserio. No Cost.
Mon	25	
Tue	26	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	27	
Thurs	28	Creative Liturgy Culmination: Holy Thursday Mass. Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	29	Good Friday/School Holidays
Sat	30	
Sun	31	Easter Sunday

APRIL

Tue	2	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	3	
Thurs	4	Meditation for Beginners: ½hr teaching session. When: 6.30pm. Venue: The Malone Room. Cost: \$5. Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	5	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost. Last day for early bird discount for “Writing the Sacred Retreat” weekend \$510
Sat	6	



APRIL (CONT'D)

Sun	7	Dream workshop: When: 9.30-4 pm. Venue: Malone Room. With Donna Ward. Cost: \$50. Easy as Pie: When 1–4 pm. Venue: O’Connor Pilkington Rooms. With Gayle McIntyre. Cost: \$50.
Mon	8	
Tue	9	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	10	
Thurs	11	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	12	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	13	
Sun	14	
Mon	15	<i>Second Term Begins</i>
Tue	16	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10. Spiritual Reading Group: When: 4.30-6 pm. Venue: The Carmelite Library. Cost: \$10.
Wed	17	
Thurs	18	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	19	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	20	Art Words: When: 10 – 11.30am. Venue: O’Connor Pilkington Rooms. With Sally Diserio. Cost: \$10.
Sun	21	
Mon	22	
Tue	23	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	24	Spiritual Enrichment Program Gathering: When 6.30-8.30pm. Venue: O’Connor Pilkington Rooms. With Clare Shearman & Damien Peile.



Thurs	25	Anzac Day Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	26	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	27	The Wellsprings of Contemplation: When: 9.30–12.30 pm. Venue: O'Connor Pilkington Rooms. With: Charles Thermos. Cost: \$30.
Sun	28	Easter Retreat Day—Living the Resurrection Today: When: 10–4 pm. Venue: O'Connor Pilkington Rooms. With: Bernadette Micallef. Cost: \$50.
Mon	29	
Tue	30	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Celtic Imagination: When: 7–9 pm. Venue: O'Connor Pilkington Rooms. With Marie Cassar Cost: \$25. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.

MAY

Wed	1	
Thurs	2	Meditation for Beginners: ½hr teaching session. When: 6.30pm. Venue: The Malone Room. Cost: \$5. Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	3	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	4	Creative Kids Group: When: 2–4 pm. Venue: O'Connor Pilkington Rooms. Visit website for details.
Sun	5	Egg and Dairy Free Baking: When: 1–4 pm. Venue: O'Connor Pilkington Rooms. With: Gayle McIntyre. Cost \$50. PLACES LIMITED.
Mon	6	
Tues	7	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	8	Nurturing The Spirituality Of Children: When: 7–9 pm. Venue: O'Connor Pilkington Rooms. With: Sarah Duffy and Michelle Trebilcock. Cost: \$25.



MAY (CONT'D)

Thurs	9	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	10	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat/ Sun/ Mon	11/ 12/ 13	
Tues	14	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	15	Keeping Relationships Alive: When: 7–9 pm. Venue: O’Connor Pilkington Rooms. With: Michael McGartland. Cost: \$25.
Thur	16	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	17	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat	18	The Uncreated Light—A Seminar on Iconography: When 9.30-12.30 pm. With: Ursula Betka. Venue: O’Connor Pilkington Rooms. Cost: \$25.
Sun	19	<i>Pentecost Sunday</i>
Mon	20	
Tues	21	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10. Spiritual Reading Group: When: 4.30-6 pm. Venue: The Carmelite Library. Cost: \$10.
Wed	22	
Thurs	23	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost. iGod Session 2: When 7.30-9 pm. Venue: St Joseph’s Conference Centre. With David Cheah. Cost: \$25
Fri	24	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.
Sat/Sun	25/ 26	Meditation and the Pursuit of Happiness Retreat When: 10–4 pm each day. Venue: O’Connor Pilkington Rooms. With: Peter Thomas. Cost: \$90.
Mon	27	



Tue	28	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	29	
Thurs	30	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	31	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost.

JUNE

Sat	1	Relax to the Max: When 10–11.30 am. Venue: O'Connor Pilkington. With Jenny Anderson. Cost: \$25 (Full Series discount \$75 by 1 February)
Sun	2	Sourdough Bread Making: When: 1–4 pm. Venue: O'Connor Pilkington Rooms. With Gayle McIntyre. Cost: \$60. PLACES LIMITED
Mon	3	
Tue	4	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10. The Corpse in the Cloister—Second Carmelite Library Seminar: With Graham Dudley When: 6.30 – 8.00pm. Venue: Carmelite Library. Cost: \$20
Wed	5	
Thurs	6	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	7	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost
Sat	8	Relax to the Max: When 10–11.30 am. Venue: O'Connor Pilkington. With Jenny Anderson. Cost: \$25
Sun	9	
Mon	10	Queens Birthday
Tue	11	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	12	
Thurs	13	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	14	Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost



JUNE (CONT'D)

Sat	15	Creative Kids Group: When: 2–4 pm. Venue: O'Connor Pilkington Rooms. Visit website for details.
Sun	16	
Mon	17	
Tue	18	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10. Spiritual Reading Group: When: 4.30-6 pm. Venue: The Carmelite Library. Cost: \$10.
Wed	19	Poetry for the Soul —The sacred journeys of Mark Tredinnick and Anne Elvey: When: 6.30–8.30 pm. Venue: O'Connor Pilkington. Cost: \$25
Thurs	20	Writing the Sacred Retreat Begins: When: 6 pm. Venue: Santa Casa, Queenscliff. Cost: \$600 (early bird \$510 by April 5) Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	21	Writing the Sacred Retreat Continues with Mark Tredinnick and Philip Harvey. Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost
Sat	22	Writing the Sacred Retreat Continues with Mark Tredinnick and Philip Harvey.
Sun	23	Writing the Sacred Retreat @ Santa Casa: Finishes after lunch Sunday
Mon	24	
Tue	25	Tuesday Matins Prayer: When: 7.30–8.00am. Venue: Elijah Chapel OLMC. No Cost. Writing the Sacred: When: 7–9pm. Venue: The Carmelite Library. With Donna Ward. Cost: \$10.
Wed	26	
Thurs	27	Meditation: When: 7–7.45pm. Venue: The Malone Room. With: Peter Thomas. No Cost.
Fri	28	School Holidays Lectio Divina: When: 9.30–10.15am. Venue: The Lady Chapel OLMC. No Cost



FACILITATOR PROFILES

THE CARMELITE CENTRE MELBOURNE TEAM

Irene Hayes is The Carmelite Centre Leader and manages the daily operations of the centre and is key contact for most activities.

Damien Peile is The Carmelite Centre Pastoral Adviser and liaison with local interfaith groups and representatives. He offers Contemplative Counseling and support.

Clare Shearman a consultant in the not for profit industry, is the convenor of the new Spiritual Enrichment Program and coordinator of Spiritual Direction services.

Donna Ward is The Carmelite Centre Program Planner helping to organize and promote our activities. Donna runs programs on dreams and writing and is a writer, editor, publisher and psychotherapist.

THE SPIRITUAL DIRECTORS

Bernadette Micallef ocds has a long association with the Carmelite Order. Having completed a graduate theology degree (YTU) and a certificate in spiritual direction (Siloam) Bernadette has recently joined our team of Spiritual Directors.

Adrian Jones has led spirituality courses and retreats for over 30 years. Adrian is a qualified Spiritual Director and serves on various committees advising on Carmelite Spirituality and life.

Wayne Stanhope O Carm has studied at the International Centre for Religious Formation in Kent England and the Institute of St Anselm. He has spent time at the Formation Consultation Services Centre in Worcester USA and the Scriptural Program at Ecce Homo in Jerusalem.

Jim De Laurier O Carm has been a pastoral counselor and spiritual director in Africa, America, Europe and now Australia. Currently Jim provides pastoral and spiritual care for the Lay Carmelites of Australia.

Clare Shearman is a leader and mentor within Christian organisations having worked both in the UK and Australia for over fifteen years. Clare is currently studying spiritual direction and is on the Carmelite Centre team.



THE CARMELITE CENTRE FACILITATORS AND CONVENORS

David Cheah a gadgeteer with a passion for all things spiritual who believes gadgets can enhance our faith. A futurist by profession, he consults with business on strategy, marketing and communication.

Michelle Trebilcock a parent and Anglican priest based in Camberwell and is currently studying a doctorate of theology.

Sarah Duffy is a teacher at Sacred Heart Primary School in Kew; she has also worked nurturing the spirituality of children in a parish context.

Jenny Anderson is a qualified teacher of relaxation and meditation techniques since 1994. She has facilitated weekly classes and corporate programs for many years.

Marie Cassar has been a school principal for 23 years and she has a Masters in Education from Melbourne University and a Degree in Theology (MCD). Her research interest is in the origins of Irish Religious Orders and clerics who laid the foundation for the Catholic Education system in Victoria.

Peter Thomas is a filmmaker with an interest in meditation. He has produced films on the Dalai Lama, Thich Nhat Hanh and a number of Christian monastics in Australia and abroad.

Philip Harvey the Librarian at The Carmelite Library and Poetry Editor of the online magazine Eureka Street. He has a passion for literature and has been published widely in Australia and internationally.

Gayle McIntyre is a Port Melbourne-Middle Park parishioner working at Trinity College. Recently she began 'The Bread and Honey Kitchen' and offers bread-making and other baking courses.

David Hofman O. Carm is the Port Melbourne- Middle Park parish priest, convener of The Carmelite Centre, Director of the National Shrine of OLMC and a regular facilitator on spirituality, liturgy, and prayer.

Charles Thermos is an experienced psychologist, group facilitator and consultant with a strong interest in the wisdom-spirituality traditions. He is committed to his own practices of daily presence and meditation.



Michael McGartland is the Principal Clinical Psychologist at Alfred Health and has worked in clinical and counseling psychology for over 30 years and is a regular presenter at The Carmelite Centre.

Sally Diserio is a parishioner of Our Lady of Mount Carmel church and participates in ministry and liturgy by planning and contributing to creative projects within the church. She also has an ongoing interest in calligraphy.

Hugh Morrison is a Benedictine Oblate, was a member of the Whitefriars Monastery Taize Group and is active at Sancta Sophia Meditation Community. He currently runs a small reflection group on the writings of Julian of Norwich.

Fr. [Dr.] Eduardo Andres Agosta Scarel O.Carm lives in Buenos Aires, Argentina where he is a professor at the Argentinian Pontifical Catholic University. He has received several awards for work on climate change and consults for the Bishops' Conference of Latin America.

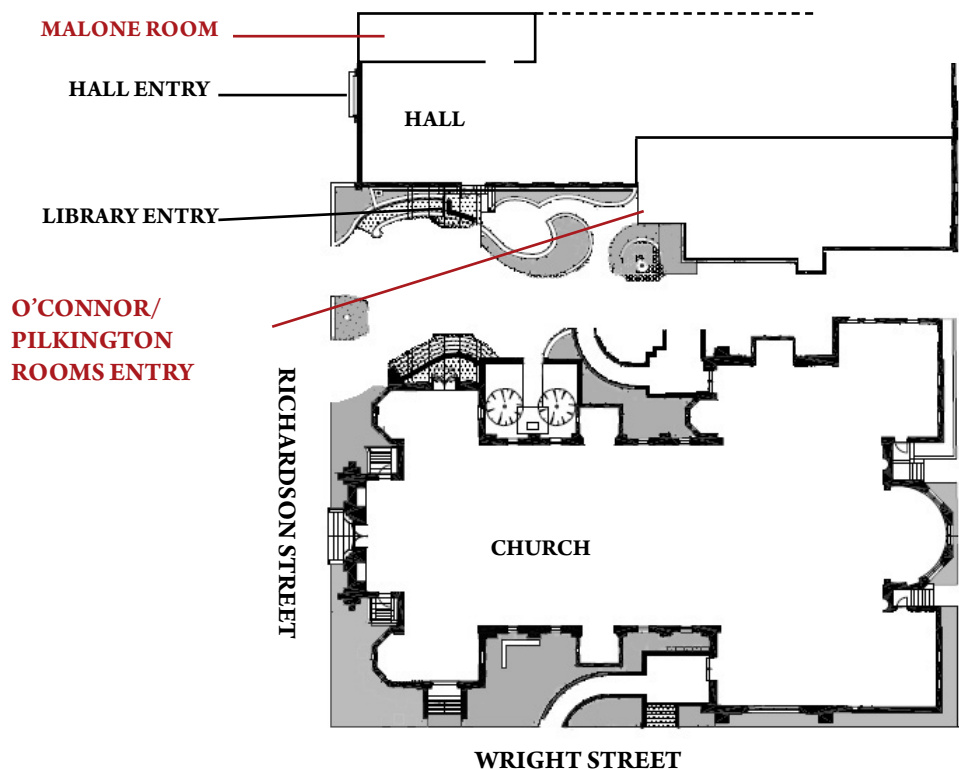
Graham Dudley is a retired public servant and librarian who volunteers at the Carmelite Library. He has a long standing interest in crime fiction, especially those involving libraries and the world of books. This talk will draw on works from his own extensive library.

Andrew Bullen S.J. Andy Bullen is the Socius (Latin for 'ally' or 'friend'), or 'executive assistant' to the Provincial. He is interested in literature and the visual arts. In 2010 he was a judge for the Blake Prize for Religious Art. He has developed ways to engage people with the gospel and Ignatian spirituality through art.

Dr Ursula Betka is currently teaching Art and Cultural history of Medieval Europe c600-1200, Early Christian Rome & Byzantium, and Medieval & Early Renaissance Italy at La Trobe University. Her research interests include: Icons and Marian devotion in Trecento Italy; The Orders and the role of the laity in artistic patronage; Confraternity devotional ritual and social service in late medieval Italy; Illuminated Laudario manuscripts in fourteenth century Italy; Pilgrimage sites and cult objects in early Byzantine Syria; Byzantine and early Italian icon paintings on wood – theology, methodology and workshop methods.



The O'Connor/Pilkington Rooms
The Carmelite Centre
214 Richardson Street
Middle Park Vic 3206



Tram 112 from Collins Street to cnr of Mills and Richardson Streets and
Tram 96 from Bourke Street to Wright Street stop on the light rail
Mel Ref 2K C 10.