THE CARMELITE CENTRE MELBOURNE

Program

Semester 2

July - December 2012

The Carmelite Centre Melbourne is a joint project of The Carmelite Province of Australia and East Timor, and The Parish of Port Melbourne-Middle Park.
The programs and services offered by The Carmelite Centre arise from the activities of The Carmelite Library, the National Carmelite Shrine of Our Lady of Mt Carmel and the Parish of Port Melbourne-Middle Park.

Registrations—03 9690 5430, registration@thecarmelitecentremelbourne.org

A map of the venue and public transport details are on page 28.

N.B. Many of our programs are recognized by the Catholic Education Office Melbourne and the Catholic Education Commission of Victoria for accumulating hours toward accreditation to teach in a Catholic school.

Welcome to Carmelite Centre Melbourne (TCCM) for Program Semester Two of 2012. Alongside our program of talks, seminars, courses and community activities we offer services specifically designed for people on the contemplative path.

The Carmelites' traditional charisms of Prayer, Fraternity and Service are reflected in our program under the headings Spirituality, Community and Service, which lead to a contemplative disposition. You are warmly invited to participate in any, or all of these activities. Sessions are organised for different days and times of the week to maximise your opportunities to attend. Costs vary for the programs so please check them on the calendar. Many of the sessions have an early bird fee.

The information here is outlined more fully on our website. From time to time we have additional activities not included in this brochure. Please check our website for updates www.thecarmelitecentremelbourne.org

Services for the Sacred Journey

The Carmelite Centre seeks to provide a contemplative space and companionship to those seeking a closer relationship with God. These services are designed for people wanting to deepen their spiritual life, or seeking to find the sacredness in life. To make appointments or avail yourself of these services for the soul, contact 03 9690 5430 (please leave a message if unattended) or info@thecarmelitecentremelbourne.org

Spiritual Conversations

This series of one-on-one meetings with a qualified Spiritual Companion will help you listen for God's spirit at work in you. Those facing a significant challenge to their faith, or who want more from their spiritual life, will find a meeting with a Spiritual Companion transformative.

Everyday Retreats & Retreat Days

To retreat is to stop, be still and listen to the spirit. Everyday Retreats are personalized non-residential programs designed to find stillness while going about your daily business. Everyday Retreats are usually structured to assist you pray and reflect and include regular meetings with a qualified Spiritual Companion either at The Carmelite Centre or Priory in Middle Park.

Contemplative Counselling

Spiritual practices of silence, stillness and mindfulness are the essence of Contemplative Counselling which helps us live more fully in the present. Contemplative Counselling shifts attention away from the whirlwind of chattering thoughts and focuses on living in a more considered and heart-felt way.

Support for Grief and Loss

We can feel swamped by loss which occurs through death, illness, aging, changes in our

relationships, or in our jobs. Loss is an enduring storm which settles only to return later. Counselling enables us to stay afloat during the turbulent times.

Spirituality Days

The Carmelite Centre welcomes staff teams, or work groups to use our facilities. We are available to help organize reflection days on topics of your choice. For further information contact us on 03 9690 5430 or info@thecarmelitecentremelbourne.org

Dream Reflection

The Carmelite Centre offers dream groups for those wishing to reflect on their dreams. Dream Groups generally run in blocks of up to 10 sessions, and we require at least 5 members to start one. If you are interested in joining a Dream Group please let us know by contacting us on 03 9690 5430 or info@thecarmelitecentremelbourne.org

Lay Carmelite Information

Curious about The Carmelites? Contact us for more about this tradition and its unique charisms.

The Carmelite Library

This unique collection of books on spirituality and mysticism is unparalleled in Australia and serves the needs of theological researchers, students and anyone on the sacred journey. Join the library and become part of a keen community of readers. For more information ring 03 9682 8553 or visit www.carmelitelibrary.org

The National Shrine of Our Lady of Mt Carmel

Our Lady of Mount Carmel Church in Middle Park was dedicated as the National Shine in 1944 and is home to The Carmelite family in Australia. Throughout the year special events are held at the shrine. These masses include the

- Mass of Healing, celebrated on the Feast of Our Lady, Help of Christians
- Mothers' Mass, celebrated on the Feast of Our Lady of Mount Carmel
- Mass of Love and Hope, celebrated on the Feast of St Therese of Lisieux
- Mass of Remembrance, celebrated near to All Souls Day and All Saints Day
- Thanksgiving Mass, celebrated at midnight on Christmas Eve

The Carmelite Centre offers talks and activities which honour these Feast Days.
You will find these in the calendar part of this program and on our website www.thecarmelitecentremelbourne.org. For more information about these events visit the website of the parish website at www.sj-mc.org.au

Our Lady of Mount Carmel Church opens daily from 8.30-6.00 pm. You can visit the shrines within—Our Lady of Mount Carmel, St Therese of Lisieux, St Mary of the Cross Mackillop, The Prophet Elijah and The Sacred Heart. For more information visit www.carmelites.org.au.

Year of Grace

The Year of Grace is an invitation from the Australian Catholic bishops for everyone to embark on a spiritual journey for a year. Commencing on Pentecost Sunday, this is a call for deepening and enriching our spiritual life through prayer, reflection on the scriptures and liturgical celebrations. Please take advantage of the programs and activities offered through The Carmelite Centre Melbourne to refocus and renew your spiritual life.

Elijah and Mary

Carmelites continually draw inspiration from the two great biblical figures of the prophet Elijah and Mary, the Mother of God. In the Bible, Elijah is the solitary figure who is not only true to God and defeats the prophets of the false god, Baal, but he is also the defender of the poor and disenfranchised. He stands with the dispossessed and against the oppressor. In the Order's mythical memory of Elijah, he is also the one who gathers other faithful servants of Yahweh into a community. He settles the community on Mount Carmel where they live a peaceful and just existence. In the Order's myth of its origins this prototypical Carmelite community eventually responds to the preaching of John the Baptist and the first disciples of Christ. The "Carmelites" become Christian and, in time, form the Order of Carmelites.

The Order remembers that Elijah foresaw the coming of Mary, whose faithfulness would lead to the birth of the long-awaited Messiah. Carmelites remember Elijah and Mary as the first man and the first woman to take a vow of virginity. This "purity of heart" meant they were free from the enslavement of idols, and fertile ground for the seed of the Spirit.

The first chapel in the wadi on Mount Carmel was dedicated to Mary. The Carmelites became known as the Brothers of Our Lady of Mount Carmel. Mary is the contemplative who ponders in her heart. She is the disciple who follows her Son, the Wisdom of God. Her surrender to the working of God's Spirit in her life is captured in her Magnificat, a song of praise and thanksgiving for the mercy of God which raises the lowly of the earth. The scapular, a brown cloth worn over the shoulders, is a traditional Carmelite expression of devotion to Mary.

The Rule of St Albert – Chapter 21

The apostle (St Paul) therefore recommends silence, when he tells us to work in it; the prophet too testifies that silence is the promotion of justice; and again, in silence and in hope will be your strength. Therefore we lay down that from the recitation of Compline you are to maintain silence until after Prime the following day. At other times, though silence is not to be so strictly observed, you are to be diligent in avoiding much talking, since Scripture states and experience likewise teaches, sin is not absent where there is much talking; also he who is careless in speech will experience evil, and the one who uses many words harms his soul. Again the Lord says in the gospel: an account will have to be given on the day of judgement for every vain word. Each of you is to weigh his words and have a proper restraint for his mouth, so that he may not stumble and fall through speech and his fall be irreparable and fatal. He is with the prophet to guard his ways so that he does not offend through the tongue. Silence, which is the promotion of justice, is likewise to be diligently and carefully observed.

Second Semester Program Description

These are the activities offered by The Carmelite Centre Melbourne in Semester Two 2012. Please refer to the calendar and website www.thecarmelitecentremelbourne.org for additional details of dates, venues and costs.

Registrations are recommended so we can keep in touch about the sessions. Register by contacting us on 9690 5430, or registration@thecarmelitecentremelbourne.org, or www.thecarmelitecentremelbourne.org

A map of the venue and public transport details are included on the last page of this brochure.

Spirituality

Carmelite & Christian Education:

Online Carmelite Spirituality Course—Discover more about The Carmelite Tradition. We offer this online course in Carmelite Spirituality In association with The Carmelite Institute of Britain and Ireland (CIBI). This semester we will run two 7 week modules, 'The Rule of St Albert' and 'Elijah in The Carmelite Tradition'. This Adult Education Diploma in Carmelite Studies, is designed for those with no previous qualifications or experience. Enrolment deadlines are indicated in the calendar.

Encountering Jesus Through Mark's Gospel. Fr. Henricus Pidyarto O.Carm visiting New Testament Scholar from Indonesia will give a talk during his visit to Melbourne.

St Therese of Lisieux—in honour of the feast day we offer a reflection on this saint by Bernadette Micallef, Spiritual Director at The Carmelite Centre Melbourne.

Feast of St John of the Cross—join Philip Harvey, Librarian at The Carmelite Library for morning tea and a reading of poems by St John of the Cross.

Spiritual Development:

Tuesday Matins Prayer—begin your day with prayers, psalms and meditation. Based on The Divine Office, or Liturgy of The Hours, this morning prayer reminds us of the presence of God throughout the day. 'Rejoice always, pray without ceasing, give thanks in all circumstances.' 1 Thessalonians 5:16-18 Convened by: Irene Hayes and Damien Peile.

Lectio Divina—in the tradition of The Carmelites, this weekly reflection on the scriptures is led by the members in The Lady Chapel OLMC.

Conversations on Prayer—David Hofman O Carm will convene four sessions in September exploring ways to deepen your understanding and practice of prayer.

Meditation—a weekly meeting of ordinary people to bring about the benefits of awareness. Facilitator: Peter Thomas.

Introductory Meditation Sessions—instruction for the beginner on the techniques and spiritual traditions related to meditation practice. First Thursday of each month before regular meditation meeting. Facilitator: Peter Thomas.

An Introduction to Spiritual Conversations—do you wonder how a Spiritual Conversation might benefit you? This is a taster event to meet our newest spiritual companion, Bernadette Micallef. She will explain how Spiritual Conversations work.

The Good Book Club—discuss books with spiritual meaning. Everyone is welcome to discuss the book of the month with this enthusiastic group. You can come to every meeting or the one that inspires you. Second semester Reading List: Christmas in July—texts selected and read by members, Geza Vermes, The Authentic Gospel of Jesus; Eckhart Tolle, The Power of Now; Ken Wilber, A Brief History of Everything; A play—yet to be selected; Christmas—texts selected and read by members.

Poetry for the Soul—find the sacredness at the core of poetry. This series of four sessions explores poets from the Medieval Era to the present day. Second semester sessions introduce the audience to Gerard Manly Hopkins, Emily Dickens, Mary Oliver and James Baxter. You are welcome to come to any or all of these sessions. Facilitator: Philip Harvey.

Carmelite Men's Group—a safe environment for men to reflect, speak and find wisdom. In these three sessions the discussions will be based around the purpose of our life, how we find meaning and what legacy do we wish to leave. Facilitator: Paul Coghlan.

Writing the Sacred—for those seeking a moment to beckon inspiration this casual weekly meeting will use texts from the great world religions—Hinduism, Buddhism, Islam and our own Judeo-Christian tradition—for inspiration. Whether you drop in or attend weekly, participants will leave with the beginning of a poem, a prayer, or a piece of prose. Facilitator: Donna Ward

iGod Forum for Teachers—explore how knowledge, power and the latest gadgets impact on our spiritual experience today. Discover how to use them to transform we see the world and interact with it. Sessions three and four of this series are offered this semester. Facilitator: David Cheah.

Spiritual Retreats and Pilgrimage:-

Carmelite Weekend Retreat: Queenscliff—this fully catered retreat at Santa Casa, Queenscliff is an opportunity to gather in companionship and enjoy beach walks, quiet reflection and optional sessions on prayer, yoga, dreams and journaling. Contact us for registration and details.

The Carmelite Way Pilgrimage—in the tradition of the great Christian pilgrimages of Europe, this uniquely Australian sacred experience deepens your relationship with God in nature. Prior Provincial, Denis Andrew O.Carm, will lead pilgrims in moments of prayer and reflection through the Yarra Valley. Each evening there will be inspirational presentations by guest speakers. Pilgrims will stay at Pallotti College in Millgrove and be bussed to the walk daily.

Walking the Labyrinth—is a Christian walking meditation that offers the possibility to transform fears and anxieties into blessings and a sense of renewal. This session introduces participants to walking a labyrinth giving time for silent reflection on the experience. Facilitated by Rev Peter Batten, minister Port Melbourne Uniting Church, creative arts therapist and labyrinth guide.

Oasis Retreat Day—begin Advent with a day of quiet reflection and prayer with convenors Clare Shearman and Michelle Trebilcock.

Community

Winter Warming Pasta Night—you are invited to break bread, eat pasta, drink a little wine and join in a conversation on Desert Spirituality. David Hofman, O.Carm. and Melissa Brickell, member of the Yorta Yorta Wiradjeri Clan, will speak on their spiritual traditions arising from living in the desert.

The Inspiration of Sir Don Bradman—a presentation by Kevin Mooney exploring the lessons of Don Bradman and the absolute focus and discipline required when starting something from nothing

East Timor: An Adventure—a presentation by Paul Coghlan on his life and work in East Timor. Paul worked and lived in East Timor for two years with Australian Volunteers International as a District Support Officer with the Aileu Friendship and Relationship Commission. He will speak on his experiences and adventures.

A Gala Evening of Hope: for the Children of East Timor—mingle with Jose Ramos-Horta, former President of East Timor and recipient of the Nobel Peace Prize. Enjoy fine food and wine, be entertained by comedian Lawrence Mooney and host John Deeks. Dine and dance while making a significant difference to the children of Zumalai, East Timor. Join us on The Carmelite Centre table on Friday 19 October at the St Kilda Town Hall.

Savoury Baking—there are lots of delicious baked items to tempt those of us with a savoury tooth. This workshop will cover some simple items that work well for breakfast or a light lunch, using herbs, spices and meat or vegetable fillings.

Cupcakes for Kids—come and mix up a batch of yummy cupcakes. While they bake, you can decorate some already cooled. You will be amazed at what you can do with a few simple techniques.

Gingerbread House Decorating for Children—If you have ever thought about decorating your own gingerbread house, this activity is for you. The gingerbread house, icing and candy decorations are provided. Parents are welcome to join the fun. You will take home your own hand-decorated gingerbread house.

Advent Biscuit Exchange—wouldn't you love for your Christmas baking to be taken care of with a lot less effort? Everyone in the biscuit exchange will make, and bring around three dozen biscuits to exchange. After a nice cuppa, or a glass of Christmas cheer, we will gather around the display of all the beautiful biscuits and pick and choose from what everyone has brought along. Leave with the same quantity you brought, but of all different varieties. Donation from entry fee will go to the parish food cupboard

Christmas Drinks—a moment to celebrate and express our gratitude to everyone who has participated in the program of The Carmelite Centre Melbourne. We invite you to join us to honour our leaders, facilitators and participants after a year of enlightenment and inspiration.

Service

Mentoring Program for Carmelite Students—The Carmelites of Australia and East Timor provide support and training for East Timorese students studying for the priesthood in Australia. The Carmelite Centre is building a team of mentors to assist students with their academic studies or other aspects of their training. Contact us if you would like to become involved with this Carmelite work

July

Sun	1	
Mon	2	
Tues	3	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	4	
Thurs	5	**Meditation for Beginners**: ½hr teaching session before meditation. When: 6.30pm. Venue: The Malone Room. Cost: $5
Fri	6	**Lectio Divina**: A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun	7/8	
Mon	9	
Tues	10	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	11	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Thurs	12	
Fri	13	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **Carmelite Weekend Retreat**—Queenscliff: A weekend away to reflect and pray. When: 7pm-Sun 15 after lunch. Cost: $350 (early bird $300 by 1 July).
Sat	14	**Carmelite Weekend Retreat**—Queenscliff: A weekend away to reflect and pray. When: All day. Cost: $350 (early bird $300 by 1 July).
Sun	15	**Feast of Our Lady of Mount Carmel**: For information about the celebratory mass visit the parish of St Joseph and Our Lady of Mt Carmel at www.sj-mc.org.au. **Enrolment Deadline:** Online Spirituality Course, 'The Rule of St Albert'. **Carmelite Weekend Retreat**—Queenscliff: A weekend away to reflect and pray. When: until after lunch. Cost: $350 (early bird $300 by 1 July)
Mon	16	

July (Cont'd)

Tues	17	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: Christmas in July—texts selected and read by members, Cost: $5 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	18	
Thurs	19	**Meditation**: Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	20	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun	21/22	
Sun	22	
Mon	23	
Tues	24	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	25	
Thurs	26	**Meditation**: Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	27	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat	28	
Sun	29	
Mon	30	
Tues	31	**Tuesday Matins Prayer**: Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10

August

Wed	1	
Thurs	2	**Meditation for Beginners:** ½hr teaching session before meditation. When: 6.30pm Venue: The Malone Room. Cost: $5
Fri	3	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat	4	**Sourdough Bread Making:** Make your own dough to take home and bake in the morning! Includes course notes. When: 1-4pm. Venue: O'Connor Pilkington Rooms. With: Gayle McIntyre. Cost: $50 (early bird $45 by 20 July)
Sun/Mon	5/6	
Tues	7	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of The Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	8	
Thurs	9	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	10	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation Led by visiting Carmelite Fr Pidijarto
Sat/Sun	11/12	
Mon	13	**Encountering Jesus through Mark's Gospel:** A presentation by Fr. Henricus Pidyarto O.Carm, a visiting New Testament Scholar from Indonesia. When: 7-9pm Venue: The O Connor Pilkington Rooms. Cost: $20.00 (early bird $15 by 1 August)
Tues	14	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **An Introduction to Spiritual Conversations:** A taster event on how Spiritual Conversations work. When: 10.30—12 pm Where: The Malone Room. With Bernadette Micallef. Cost: $10 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	15	

August (cont'd)

Thurs	16	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation **iGod Forum Session 3:** Discover how to use the latest gadgets to transform the way we express and experience faith. When: 7.30-8.30pm Venue: St Josephs Hall Port Melbourne. With: David Cheah. Cost: $30 (early bird $25 by 12 Aug)
Fri	17	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/ Sun/ Mon	18/ 19/ 20	
Tues	21	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: Geza Vermes, The Authentic Gospel of Jesus; Cost: $5 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	22	**Poetry For The Soul:** Gerard Manly Hopkins and Emily Bronte. When: 6.30-8pm. Venue: O'Connor Pilkington Rooms. With: Philip Harvey. Cost: $20 (early bird $15 by 1 August) includes supper.
Thurs	23	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation **Winter Warming Pasta Night:** Desert Spirituality explored by David Hofman, O.Carm. and Melissa Brickell, Yorta Yorta Wirunjderi Elder. When: 7pm. Venue: O'Connor Pilkington Rooms. Cost: $45 (early bird $40 by 10 August)
Fri	24	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat	25	
Sun	26	**Savoury Baking:** Delicious things to tempt those with a savoury tooth. When: 1-4pm, Venue: O'Connor Pilkington Rooms. Cost: $45 (early bird $40 by 3 August)
Mon	27	

Tues	**28**	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	**29**	**Carmelite Men's Group:** A place for men to reflect, speak and find wisdom. When: 7-9pm. Venue: O'Connor Pilkington Rooms. With: Paul Coughlan. Cost: $20
Thurs	**30**	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	**31**	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation

This Land

This land is my freedom
I can come and go
This land is my jewel
A rainbow richness to marvel
This land is ever flowing
Rippling rivers like bold veins
This land is my tucker
A naturally fresh delicatessen
This land is my hope
Bright new moons dawn on fields
This land is my life's journey
Footprints mark its everlasting Route
This land is my fortress
Protective solid rock shields
This land is my true love
A special bond of sacred red Earth

This land is my guardian
Tall proud trees standing watching Me
This land is my teacher
Fulfilling questions and Curiosity
This land is my law
Traditional lores I can't break
This land is my loving mother
Nurturing my tender soul
This land is my Spirit
The keeping place of my Dreaming
This land is my family's
A sanctuary of indigenous Inheritance
This land is not mine own
Forever it owns me and mine

©Melissa Brickell 1993

September

Sat/Sun	1/2	
Mon	3	**Online Carmelite Spirituality Course begins**: The Rule of St Albert. Discover more about The Carmelite Tradition and its unique charisms.
Tues	4	**Tuesday Matins Prayer:** Prayers, psalms and meditation. Based on the Liturgy of The Hours. When: 7.30-8.00am.Venue: Elijah Chapel OLMC. With: Irene Hayes and Damien Peile. Cost Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	5	**Series of Conversations on Prayer:** Four sessions with David Hofman O Carm, exploring ways to deepen your understanding and practice of prayer. When 9.30-11am. Venue O'Connor Pilkington Rooms. Cost $10 **Walking the Labyrinth:** A Christian walking meditation. When: 2-4pm, Venue South Port Uniting Church, cnr. Nott & Bridge St, Port Melbourne. Cost $15 (early bird $10 by 17 August)
Thurs	6	**Meditation for Beginners:** ½hr teaching session before meditation. When: 6.30pm Venue: The Malone Room. Cost: $5 **Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	7	**Lectio Divina:** Led by special guest, Fr Pidijarto visiting Carmelite from Indonesia. A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun /Mon	8/9 /10	
Tues	11	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	12	**Series of Conversations on Prayer:** Four sessions with David Hofman O Carm, exploring ways to deepen your understanding and practice of prayer. When: 9.30-11am. Venue: O'Connor Pilkington Rooms. Cost: $10
Thurs	13	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	14	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation

Sat	15	**Cupcakes for kids:** Come and mix up a batch of yummy cupcakes. When: 1-3pm. Venue: O'Connor Pilkington Rooms. Cost $25
Sun	16	
Mon	17	**St Albert of Jerusalem Feast Day:** St Albert was approached by the early Carmelites to give them a Rule of Life. See: http://www.kilmacudcarmel.ie/albert.html
Tues	18	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: Eckhart Tolle, The Power of Now; Cost: $5 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	19	**Series of Conversations on Prayer:** Four sessions with David Hofman O Carm, exploring ways to deepen your understanding and practice of prayer. When: 9.30-11am. Venue: O'Connor Pilkington Rooms. Cost: $10 **The Carmelite Way Pilgrimage:** Information Evening, When: 7-9pm. Venue: The Carmelite Centre Melbourne.
Thurs	20	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	21	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun	22/23	
Mon	24	**Enrolment Deadline:** Carmelite Online Spirituality Course, 'Elijah in Carmelite Spirituality'
Tues	25	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	26	**Carmelite Men's Group:** A place for men to reflect, speak and find wisdom. When: 7-9pm. Venue: O'Connor Pilkington Rooms. With: Paul Coghlan. Cost: $20 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10

September(cont'd)

Thurs	27	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	28	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun	29/30	

"Let Him easter in us, be a dayspring to the dimness of us, be a crimson-cresseted east."
- Gerard Manley Hopkins

"ELECTED Silence, sing to me
And beat upon my whorlèd ear,
Pipe me to pastures still and be
The music that I care to hear."
- Gerard Manley Hopkins

"For Christ plays in ten thousand places,/ Lovely in limbs, and lovely in eyes not his/
To the Father through the features of men's faces."
- Gerard Manley Hopkins

"Glory be to God for dappled things for skies of couple-color as a brinded cow; For rose-moles all in stipple upon trout that swim"
- Gerard Manley Hopkins

''Nothing is so beautiful as spring—
When weeds, in wheels, shoot long and lovely and lush;
Thrush's eggs look little low heavens, and thrush
Through the echoing timber does so rinse and wring
The ear, it strikes like lightning to hear him sing.''
- Gerard Manley Hopkins quote

October

Mon	1	**Feast of St Therese of Lisieux:** For information about the celebratory mass visit the parish of St Joseph and Our Lady of Mt Carmel at www.sj-mc.org.au.
Tues	2	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	3	
Thurs	4	**Meditation for Beginners:** ½hr teaching session before meditation. When: 6.30pm Venue: The Malone Room. Cost: $5 **Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	5	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **St Therese of Lisieux:** a reflection on the lessons of St. Therese. When 10.30-12pm. Venue: O'Connor Pilkington Rooms. With: Bernadette Micallef. Cost: $10
Sat/Sun/ Mon	6/7 /8	
Tues	9	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC, OLMC Church. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	10	**Focus and Discipline—Lessons from Don Bradman:** An evening with Kevin Mooney, First Honorary Life Member of The Bradman Foundation. When: 7-9pm. Venue: O'Connor Pilkington Rooms. Cost: $10. Wine & nibbles provided
Thurs	11	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	12	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **East Timor—An Adventure:** a presentation by Paul Coghlan on his time in East Timor. When 11-12pm. Venue: O'Connor Pilkington Rooms. Cost: $10
Sat/Sun Mon	13/14 /15	

October (cont'd)

Tues	16	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: Ken Wilber, A Brief History of Everything; Cost: $5 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	17	**Carmelite Men's Group:** A place for men to reflect, speak and find wisdom. When: 7-9pm. Venue: O'Connor Pilkington Rooms. With: Paul Coughlan Cost: $20
Thurs	18	**Meditation:** Join a group of ordinary people in weekly meditation. When:7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	19	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **A Gala Evening of Hope**: for the children of East Timor—a charity ball and auction to raise funds for Carmelite Projects in East Timor. Join us on The Carmelite Centre table for this event. Cost: $160 Contact us to book on our table/s. When: 7.30pm. Venue: St Kilda Town Hall Melbourne.
Sat/Sun	20/21	
Mon	22	**Online Carmelite Spirituality Course begins—'Elijah in The Carmelites':** Discover more about The Carmelite Tradition and its unique charisms.
Tues	23	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	24	**Poetry For The Soul:** Final Session exploring modern poets Mary Oliver and New Zealand Poet James Baxter. When: 6.30-8pm Venue: O'Connor Pilkington Rooms. With: Philip Harvey Cost: $20 (early bird $15 by 4 April) includes supper.
Thurs	25	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	26	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat/Sun /Mon	27/28 /29	

Tues	**30**	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	**31**	

Mornings at Blackwater
by Mary Oliver

For years, every morning, I drank
from Blackwater Pond.
It was flavored with oak leaves and also, no doubt,
the feet of ducks.
And always it assuaged me
from the dry bowl of the very far past.
What I want to say is
that the past is the past,
and the present is what your life is,
and you are capable
of choosing what that will be,
darling citizen.
So come to the pond,
or the river of your imagination,
or the harbor of your longing,
and put your lips to the world.
And live
your life.

November

Thurs	1	**Meditation for Beginners.** ½hr teaching session before meditation. When: 6.30pm Venue: The Malone Room. Cost: $5 **Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	2	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **All Souls Day:** For information about the celebratory mass visit the parish of St Joseph and Our Lady of Mt Carmel at www.sj-mc.org.au
Sat	3	
Sun	4	**Commissioning Liturgy for Pilgrims:** When: 10.30 am. Venue: OLMC.
Mon	5	
Tues	6	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	7	
Thurs	8	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	9	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **The Carmelite Way Pilgrimage:** Deepen your relationship with God in nature and in community. Meet at 9am at The Carmelite Centre Melbourne to be driven to Lilydale where the pilgrimage begins.
Sat	10	**The Carmelite Way Pilgrimage:** Deepen your relationship with God in nature and in community
Sun	11	**The Carmelite Way Pilgrimage:** Deepen your relationship with God in nature and in community. Return from the pilgrimage at 5pm.
Mon	12	
Tues	13	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10

Wed	14	
Thurs	15	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	16	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Tues	20	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: A play—yet to be selected; Cost: $5 **iGod Forum Session 4:** Discover how to use the latest gadgets to transform the way we express and experience faith. When: 7.30-8.30pm Venue: St Josephs Hall Port Melbourne With: David Cheah Cost: $30 (early bird $25 by 8 Nov) **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	21	
Thurs	22	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	23	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat	24	
Sun	25	**Gingerbread House Decorating for Children:** Take home your own handmade gingerbread house. When: 10-12pm. Venue: O'Connor Pilkington Rooms. Cost: $30
Mon	26	
Tues	27	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	28	
Thurs	29	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	30	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation

December

Sat	1	**Oasis Retreat Day:** Advent quiet retreat with Clare Shearman and Michelle Trebilcock. When: 10am–4pm. Venue: O'Connor Pilkington Rooms. Cost $35 (early bird $30 by 15 November)
Sun	2	**Advent Biscuit Exchange:** Share a bundle of biscuits for Christmas. When: 4-6pm. Venue: O'Connor Pilkington Rooms. Cost $20 (includes donation to Carmelite Parish Food Cupboard)
Mon	3	
Tues	4	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	5	
Thurs	6	**Meditation for Beginners.** ½hr teaching session before meditation. When: 6.30pm Venue: The Malone Room. Cost: $5 **Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	7	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **Christmas Drinks:** A celebration of gratitude to our leaders, facilitators and participants for a year of enlightenment and inspiration. When: 6.30pm. Venue: O'Connor Pilkington Rooms. Cost: FREE
Sat	8	
Sun	9	
Mon	10	
Tues	11	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	12	
Thurs	13	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation

Fri	14	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation **Feast of St John of the Cross:** Join Philip Harvey for morning tea and a reading of poems written by St John of the Cross. When: 10.30am. Venue: The Carmelite Library Cost: $5.00
Sat	15	
Sun	16	
Mon	17	
Tues	18	**Tuesday Matins Prayer:** Prayers, psalms and meditation based on the Liturgy of the Hours. When: 7.30-8.00am. Venue: Elijah Chapel OLMC. With Irene Hayes and Damien Peile. Cost: Donation **Good Book Club:** Discuss books with spiritual meaning. When: 7.30pm. Where: Carmelite Library. With: Richard Goss & Bernie Bicknell. Book: Christmas—texts selected and read by members. Cost: $5 **Writing the Sacred:** A casual writing group inspired by sacred text. Bring pen and paper. When: 7-9pm. Venue: The Carmelite Library. Cost: $10
Wed	19	
Thurs	20	**Meditation:** Join a group of ordinary people in weekly meditation. When: 7-8pm. Venue: The Malone Room. With: Peter Thomas. Cost: Donation
Fri	21	**Lectio Divina:** A weekly reflection on the scriptures led by group members. When: 9.30-10.15am. Venue: The Lady Chapel OLMC. Cost: Donation
Sat	22	
Sun	23	
Mon	24	
Tues	25	**Christmas Day**

Facilitator Profiles

Jim De Laurier is a Carmelite, a qualified Spiritual Companion and Board Member of The Carmelite Centre. He provides spiritual support for the Lay Carmelite Community and manages the relationship between the Centre and Carmelite Institute Britain & Ireland.

Peter Thomas is a filmmaker with an interest in meditation. He has produced films on the Dalai Lama, Thich Nhat Hanh and a number of Christian monastics in Australia and abroad.

Damien Peile is Carmelite Centre Pastoral Adviser and a counselor at the Alfred Hospital. He works with people to find psychological and spiritual meaning in life. Damien offers Contemplative Counseling at the Centre.

Bernie Bicknell co-convenes the Good Book Club. He works in a senior business role, is involved with charity organizations and like most people, seeks the secrets of happiness and success.

Richard Goss is a Middle Park-Port Melbourne parishioner who co-convenes the Good Book Club. He reads for pleasure, enlightenment and to avoid danger. 'Convictions are more dangerous enemies of truth than lies.' says Nietzsche.

Donna Ward runs workshops and retreats on dreams and the writing life. A writer, editor and publisher she is also a qualified Social Worker. Her dream mentors are Peter O'Connor and Robert Bosnak.

Philip Harvey is the Librarian at The Carmelite Library and the Poetry Editor of the Jesuit online magazine Eureka Street. He has a passion for literature and has been published widely in Australia and internationally.

Adrian Jones has led spirituality courses and retreats for over 30 years. Adrian is a qualified Spiritual Companion and serves on various committees advising on Carmelite Spirituality and life.

Gayle McIntyre is a Middle Park-Port Melbourne parishioner who works in education at Trinity College. Recently Gayle began 'The Bread and Honey Kitchen' and offers bread-making and other baking courses.

David Hofman is a Carmelite and the Middle Park-Port Melbourne parish priest. Convener of The Carmelite Centre and Director of the National Shrine of Our Lady of Mt Carmel, he is a sought after facilitator of workshops on spirituality, liturgy, music and various forms of prayer.

Denis Andrew is the spiritual leader for the annual Carmelite Pilgrimage and talks on Carmelite Spirituality during retreats and other workshops. He is the Prior Provincial of The Carmelite Order in Australia and East Timor.

Fr. Henricus Pidyarto O.Carm., born in Malang (Indonesia) is a Carmelite priest. In 1990 he earned a doctorate degree in biblical studies from the University of St. Thomas Aquinas, Rome, Italy, and since then teaches biblical studies in the Institute of Philospohy and Theology Widya Sasana , Malang.

Bernadette Micallef lives in Melbourne with her family and has a long association with The Carmelites. Having completed studies in theology and spiritual direction Bernadette has recently joined our team of Spiritual Companions

David Cheah is a gadgeteer with a passion for all things spiritual who believes gadgets can enhance our faith. A futurist by profession, he consults with business on strategy, marketing and communication.

Clare Shearman is a member of the Marketing team at TCCM and experienced HR consultant with a particular interest in supporting people on the spiritual journey both individually and through group processes

Paul Coghlan returned from work in East Timor last year and is a board member of the TCCM. Paul brings extensive experience in senior business roles and has an interest in the psychological and social wellbeing of men. Paul will facilitate some sessions this semester.

Melissa Brickell is a member of the Yorta Yorta Wiradjeri Clan, and of the Aboriginal Catholic Ministry, she is a Councillor on the Victorian Aboriginal Catholic Council, treasurer of the National Aboriginal and Torres Strait Islander Catholic Council, Commissioner with the National Aboriginal and Torres Strait Islander Ecumenical Commission, Director of Reconciliation Victoria, Chair of the Stolen Generations Alliance Victoria, manager of the Secretariat of National Aboriginal and Islander Child Care Resource Service, and she is a mother and a grandmother.

Peter Batten is minister at Port Melbourne Uniting Church and as a creative arts therapist has been involved with labyrinths for many years introducing it as a form of meditation and healing.

Michelle Trebilcock is an Anglican priest based in Camberwell. Michelle is passionate about Christian Ministry and Theology which connects people to God in transforming ways - equipping them to be the best they can be in order that the whole Church might work together to transform the world.

Jenny Anderson has been a teacher of yoga, relaxation & meditation techniques for over 15 years. Jenny's favourite quote is 'begin where you are'.

Peter Martin is an Anglican priest from the Queenscliff/Point Lonsdale parish which also runs a house of prayer offering opportunities for daily prayer and meditation. In combination with the beauty and natural rhythms of the seaside this is a sacred vehicle for those seeking to deepen their inner world.

Irene Hayes is The Carmelite Centre Leader and key contact for those undertaking The Carmelite Spirituality online course.

Jina Mulligan is a new found friend of Carmel and parishioner of OLMC. Drawing from her studies in Art, Theology and Pastoral Care, as well as on the treasures readily available in the Carmelite Library, she deems it a privilege to a mentor to students from East Timor.

Artie Shearman is a businessman and friend of the Carmelite Centre who is using his studies in Theology to be a mentor and friend to students from East Timor.

CARMELITE SAINTS

JULY

July 13th – St. Teresa of Jesus de Los Andes - (1900-1920) – Virgin & Mystic
July 16th – Solemn Commemoration of the Blessed Virgin Mary of Mount Carmel
July 20th – St. Elijah – Prophet
July 26th – Sts. Joachim and Anne – Parents of the Virgin Mary and Protectors of our Order
July 27th – Titus Brandsma - (1881-1942) – Priest and Martyr
July 28th – St. Pedro Poveda Castroverde - (1874-1936) – Priest and Martyr

AUGUST

August 7th – St. Albert of Trapani - (c.1250-1306) – Priest
August 9th – St. Teresa Benedicta of the Cross (Edith Stein) – (1891-1942) – Virgin and Martyr
August 15th – Assumption of the Blessed Virgin Mary

SEPTEMBER

September 1st – St. Teresa Margaret Redi of the Sacred Heart – (1747-1770) – Virgin
September 8th – Nativity of the Blessed Virgin Mary
September 17th – St. Albert of Jerusalem – (c.1149-1215) – Bishop and Lawgiver of Carmel

OCTOBER

October 1st – St. Therese of the Child Jesus - (1873-1897) – Virgin and Doctor
October 15th – St. Teresa of Jesus - (1515-1582) – Virgin and Doctor

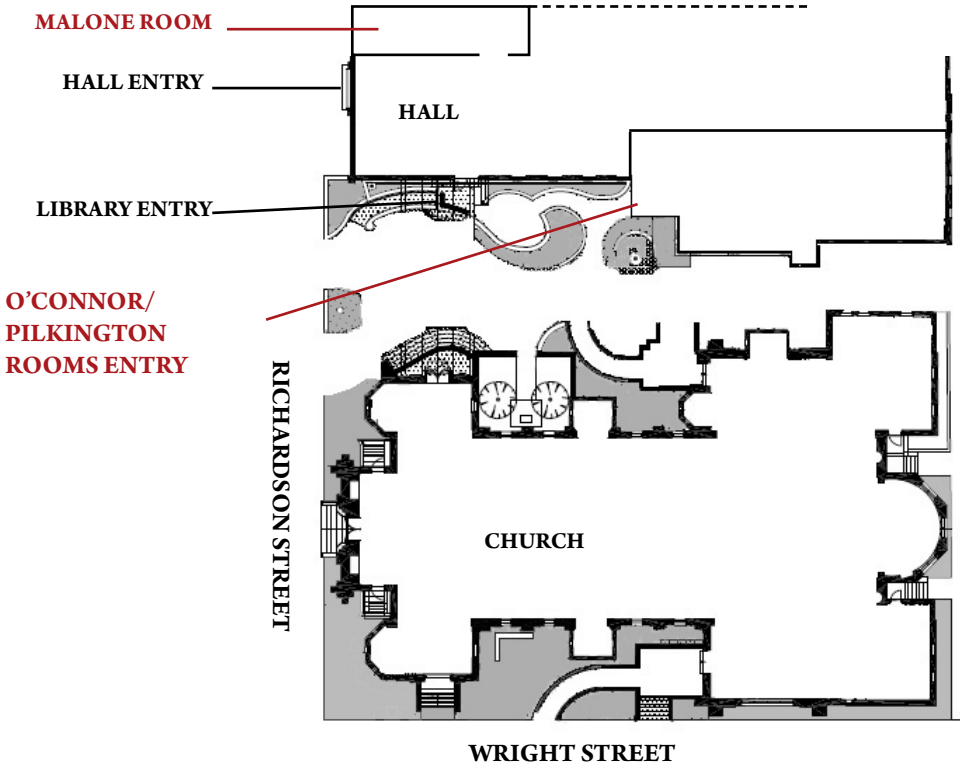
NOVEMBER

November 6th - St. Nuño Alvares Pereira - (1360-1431) – Religious
November 14th – All Carmelite Saints of the Order
November 19th – St. Raphael Kalinowski - ((1835-1907) – Priest

DECEMBER

December 11th – St. Maria Maravillas of Jesus - (1891-1974) – Virgin
December 14th – St. John of the Cross – (1542-1591) – Priest and Doctor

The O'Connor/Pilkington Rooms
The Carmelite Centre
214 Richardson Street
Middle Park Vic 3206



Tram 112 from Collins Street to cnr of Mills and Richardson Streets and
Tram 96 from Bourke Street to Wright Street stop on the light rail
Mel Ref 2K C 10.