



THE **CARMELITE**
CENTRE MELBOURNE

PROGRAM

SEMESTER 1

JANUARY - JUNE 2012

*A joint initiative of
The Australian Carmelite Province and
The Parish of Port Melbourne/Middle Park*



Welcome to Semester One of the 2012 Carmelite Centre Spirituality Program. Alongside our program of talks, seminars, courses and community activities we offer services particularly designed for people on their spiritual journey.

The Carmelites' traditional charisms of Contemplation, Fraternity and Service are reflected in our program under the headings of Spirituality, Community and Service. You are warmly invited to participate in any, or all, of these activities. Sessions are organised for different days and times of the week to maximise your opportunities to attend. Costs vary for the programs so please check them on the calendar. Most sessions have an early bird fee.

The information provided here is outlined more fully on our website. From time to time we have additional activities not yet on our program. Please check our website regularly for updates—www.thecarmelitecentremelbourne.org.

The Carmelite Centre seeks to provide a contemplative space and companionship to those on the spiritual path seeking a closer relationship with God. These services are designed for people who want to deepen their spiritual life, or who are facing the challenges along the way. To make appointments contact us 03 9690 5430 or info@thecarmelitecentremelbourne.org.

Services we offer include:

SPIRITUAL COMPANION

This is a series of one-on-one meetings with a designated Spiritual Companion. Often the way forward becomes clearer through a meeting between a seeker and a companion, for such a meeting makes way for God's Spirit, guidance and wisdom. The seeker brings the ordinary events of their life and the companion's attentiveness enables the seeker to notice God's Spirit moving in their life. People facing a significant challenge to their faith, or who want more from their spiritual life, will find meetings with a Spiritual Companion transformative.

EVERYDAY RETREATS

To retreat is to stop, be still and listen to your inner spirit. Everyday Retreats are personalized non-residential programs for people who can also go about their regular daily business. People on retreat meet a spiritual companion daily at a mutually agreed upon time. Meetings can take place at either the Carmelite Centre or Carmelite Priory in Middle Park.



CONTEMPLATIVE COUNSELING

Spiritual practices of silence, stillness and mindfulness are the essence of Contemplative Counseling which helps the individual live more fully in the present. Contemplative Counseling shifts attention away from worrying about the future, or dwelling on depressing events from the past. It moves the person toward living in a more considered and heart-felt way, away from the whirlwind of chattering thoughts.

GRIEF & LOSS SUPPORT

We can feel swamped by loss which occurs through death, illness, aging, changes in our relationships, or in our jobs. Loss is like enduring a fierce storm which settles only to return later. Counseling enables us to stay afloat during these times.

SPIRITUALITY DAYS

The Carmelite Centre welcomes staff teams or work groups to use our facilities. We help organize reflection days on topics of your choice. For further information contact us on 03 9690 5430 or info@thecarmelitecentremelbourne.org

LAY CARMELITE INFORMATION

If you are curious about the Carmelites do contact us to find out more about this tradition and its unique charisms.

THE CARMELITE LIBRARY

This unique collection of books on spirituality and mysticism is unparalleled in Australia and serves the needs of theological researchers, students and anyone on the spiritual journey. Join the library and become part of an keen community of readers. For more information ring 03 9682 8553 or visit www.carmelitelibrary.org.

Please note: Many of our programs are recognised by the Catholic Education Office Melbourne for the purpose of gaining hours towards obtaining Accreditation to Teach in a Catholic School. For specific information please contact the Carmelite Centre on 03 9690 5430



FIRST SEMESTER PROGRAM DESCRIPTION

Below is an outline of each of the activities the Carmelite Centre will offer in the first semester of 2012. Please refer to the calendar for details of dates, venues and costs. More detailed information is also on our website. Don't forget there is an **early bird discount** available for many of the events and courses.

Registrations are recommended so we can keep in touch with you about the sessions. Register by contacting us on 03 9690 5430, or registration@thecarmelitecentremelbourne.org, or at www.thecarmelitecentremelbourne.org.

A map of the venue and public transport details are on the page 23 of this brochure.

N.B. Many of our programs are recognized by the Catholic Education Office Melbourne, and the Catholic Education Commission of Victoria for accumulating hours toward accreditation to teach in a Catholic school.

SPIRITUALITY

CARMELITE & CHRISTIAN EDUCATION:-

Who are the Carmelites?—a six week online course introducing participants to the origins and history of the Carmelite Order. *Facilitator Thomas Curran OCD*. For further details contact Irene Hayes 03 9681 9600

The Carmelite Library Seminar: Theological Education in Australia—this presentation of the ideas behind, and formation of the new MCD University of Divinity will explore the study of religion in the higher education. *Facilitator: Paul Beirne*

HEALTH & WELLBEING:-

Self Care: Keeping Ourselves in Good Mental Shape—tips and strategies to take you through the year. *Facilitator: Michael McGartland*



SPIRITUAL DEVELOPMENT:-

A Lenten Journal Program—put your Lenten reflection into words. A preliminary session will introduce you to the art of responding to scriptures in your own words. You will be given your own journal containing the Lenten scriptures and space to write your personal response. Participants can share their writings at a gathering during Holy Week. An electronic version of the journal for those not wishing to attend the preliminary workshop is available by emailing us at info@thecarmelitecentremelbourne.org. *Facilitator: Donna Ward.*

Lenten Prayer—deepen your Lenten experience by attending morning prayer every Tuesday through Lent.

Lectio Divina—a weekly reflection on the scriptures lead by group members in the Lady Chapel, Our Lady of Mount Carmel Church.

Wednesdays with Fr. Matthew—a spirituality discussion group based on the thoughts of Richard Rohr OFM. selected by *facilitator: Fr. Matthew McPhee OCarm.*

Meditation—a weekly meeting of ordinary people to bring about the benefits of awareness. *Facilitator: Peter Thomas.*

Introductory Meditation Sessions—instruction for the beginner on the techniques and spiritual traditions related to meditation practice. First Thursday of each month before regular meditation meeting. *Facilitator: Peter Thomas.*

The Good Book Club—discuss books with spiritual meaning. Everyone is welcome to discuss the book of the month with this enthusiastic group. You can come to every meeting or the one that inspires you. First Semester Reading List: *This I Believe*, John Marsden, *Whose religion is Christianity?* *The Gospel Beyond the West*, Lammin Sanneh, *The Golden String and The Cosmic Revelation*, Bede Griffiths, the poetry of John Keats selected by Peter Newman, *The Art of Happiness*, Dalai Lama XIV. *Facilitators: Richard Goss and Bernie Bicknell.*

Reading St John of The Cross—introduction to the life and thought of this 16th Century mystic. *Facilitator: Rom Brady.*



Poetry for the Soul: find the sacredness at the core of poetry—a series of four sessions exploring poets from the Medieval Era to the present day. First semester sessions introduce Hildegard of Bingen and Rumi, St John of the Cross and John Donne. You are welcome to come to any or all of these sessions. *Facilitator: Philip Harvey.*

Resilient & Mindful Living—a six week course filled with inspiration and techniques on how to become a fuller expression of yourself. *Facilitator: Charles Thermos.*

Dream Group—a reflection on, and elucidation of dreams brought each week by participants. The group will run for 10 consecutive weeks. *Facilitator: Donna Ward.*

iGod Forum for Teachers—explore how knowledge, power and the latest gadgets impact on today's world. Discover how to use them to transform the way we see the world and interact with it. This is a series of four sessions the first two of which will be in this semester. *Facilitator: David Cheah.*

Iconography Course—learn a sacred art. Discover how to make an icon in this 10 week course. *Facilitator: James Waller, Creative Fellow of the Carmelite Library.*

SPIRITUAL RETREATS:-

Meditation Retreat—for NEW and EXPERIENCED meditators. Includes practice and information on the various meditation traditions and the transformation possible from meditation. *Facilitator: Peter Thomas.*

An Easter Retreat with Adrian Jones—deepen and transform the way you pray through a personal approach to prayer.

Carmelite Spirituality Retreat with Cyprianus Verbeek—Fr. Cyprianus OCarm, a Carmelite visiting from Indonesia, will share his long experience of contemplation and its benefits for the spiritual life during a retreat program of discussion and personal prayer time.

Prayer of the Heart Meditation Retreat—a two day non-residential for everyone from beginners to experienced meditators. The Christian tradition affirms the value of a meditative life and is enhanced by Buddhist, Hindu and Sufi teachings. This retreat is open to people of all ages and beliefs. *Facilitators: Fr. Denis Andrew OCarm. & Peter Thomas.*

Registrations—03 9690 5430, registration@thecarmelitecentremelbourne.org

A map of the venue and public transport details are on page 23



COMMUNITY

COOKING WORKSHOPS:-

Baking with Honey—honey not only tastes good, but it's great for our health. *Facilitator: Gayle McIntyre*

Easy as Pie—stress cannot exist in the presence of a pie. Learn different ways to make a pie. *Facilitator: Gayle McIntyre*

Sourdough Bread Making—everyone loves the smell and taste of freshly baked bread! You will make your own dough to take home and bake in the morning. Bring your own bowl, wooden spoon and jar to take home your starter. Includes course notes. *Facilitator: Gayle McIntyre*

SOCIAL GATHERING:-

April Lake Walk—experience the spirituality of friendship and nature. We will meet at Albert Park lake, take a walk around lake and enjoy a BYO lunch. Bring your children and dog if you have one. *Facilitator: Damien Peile*

SERVICE

City of Port Phillip Interfaith Open House Series—Building Community Through Sport and Recreation. Thursday 23 February. *Guest Speaker: Peter Cullen AM.*

Morning Tea for International Women's Day—celebrating the role of women in the world especially women's resilience in the Black Saturday Bushfires. Thursday 8 March. Guest Speaker: Janet Cribbes

Peace Matters: A journey of life, love and loss—an evening of transcendent music and stories from John Lander, former Ambassador to The Islamic Republic of Iran and former Permanent Delegate to UNESCO, Paris. Accompanied by one of Australia's finest pianists Matthew Field. This concert will be held on *Saturday 31 March* to raise funds for the Brigidine Asylum Seekers Project.



FEBRUARY

2	<p>Resilient & Mindful Living Course begins Developing resilience and mindfulness enables you to respond to challenges proactively. 7-9pm. O'Connor Pilkington Rooms With: Charles Thermos. Cost: \$300 (for 6 sessions)</p>
3	<p>Lectio Divina A weekly reflection on the scriptures led by group members. 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p> <p>Who are the Carmelites? Enrolments close today. Contact Irene Hayes to complete enrolment. Cost: \$90.</p>
9	<p>Meditation. Join a group of ordinary people in weekly meditation 7-8pm The Malone Room With: Peter Thomas Cost: Donation</p> <p>Resilient & Mindful Living: Session 2 When: 7-9pm in O'Connor Pilkington Rooms With: Charles Thermos. Cost: \$300 (for 6 sessions)</p>
10	<p>Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p>
11	<p>Meditation Workshop For new & experienced meditators. 10am-4pm. O'Connor Pilkington Rooms With: Peter Thomas. Cost: \$35 (early bird \$30 by 3 Feb) BYO lunch</p>
15	<p>Lenten Journal Preliminary Session Put your reflection into words. 7-9pm Carmelite Library With: Donna Ward. Cost: \$20 includes 2 sessions and journal</p>
16	<p>Meditation 7-8pm. The Malone Room With: Peter Thomas. Cost: Donation</p> <p>Resilient & Mindful Living: Session 3 7-9pm in O'Connor Pilkington Rooms With: Charles Thermos. Cost: \$300 (for 6 sessions)</p>
17	<p>Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p>



FEBRUARY (CONT'D)

21	<p>Shrove Tuesday</p> <p>The Good Book Club. Discuss books with spiritual meaning. 7.30pm. Carmelite Library With: Richard Goss & Bernie Bicknell Book: John Marsden, <i>This I believe</i>. Cost: \$5</p>
22	<p>Ash Wednesday</p>
23	<p>Meditation 7-8pm. The Malone Room With: Peter Thomas. Cost: Donation</p> <p>Port Philip Interfaith Open House Series—<i>Building Community Through Sport & Recreation</i> Celebrate the diversity that enriches our community. 7-9pm VO'Connor Pilkington Rooms Guest Speaker: Peter Cullen. Cost: Free</p>
24	<p>Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p>
25	<p>Resilient & Mindful Living: Session 4 10-12pm in O'Connor Pilkington Rooms With: Charles Thermos. Cost: \$300 (for 6 sessions)</p>
27	<p>Who are the Carmelites? Begins today. online With: Thomas Curran OCD. Cost: \$90</p>
28	<p>Lenten Prayer Deepen your Lenten experience with prayer every Tuesday through Lent. 7.30-8.00am The Elijah Chapel, OLMC Church</p>



MARCH

1	Meditation for Beginners ½ hr teaching session before meditation. When: 6.30pm. The Malone Room. Cost: \$5
	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
2	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
3	Resilient & Mindful Living: Session 5 10-12pm in O'Connor Pilkington Rooms With: Charles Thermos . Cost: \$300 (for 6 sessions)
6	Lenten Prayer When: 7.30-8.00am The Elijah Chapel, OLMC Church
	Dream Group Reflection on, and elucidation of dreams. A 10 week series. 7-8.30pm. The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
8	International Women's Day Morning Tea Celebrating women's resilience in the Black Saturday Fires. When: 10.30-12pm O'Connor Pilkington Rooms Guest Speaker: Janet Cribbes . Cost: \$15
	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
	iGod Forum—Session 1 Discover how to use the latest gadgets to transform the way we see and interact with the world. 7.30-8.30pm St Josephs Hall, Port Melbourne With: David Cheah . Cost: \$30 (early bird \$25 by 29 Feb)
9	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
13	Lenten Prayer 7.30-8.00am the Elijah Chapel, OLMC Church
	Dream Group week 2 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
15	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
16	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
17	Resilient & Mindful Living: Session 6 10-12pm in O'Connor Pilkington Rooms With: Charles Thermos . Cost: \$300 (for 6 sessions)
20	Lenten Prayer 7.30-8.00am the Elijah Chapel, OLMC Church

Registrations—03 9690 5430, registration@thecarmelitecentremelbourne.org

A map of the venue and public transport details are on page 23



MARCH (CONT'D)

20	<p>Dream Group week 3 7-8.30pm in The Malone Room With: Donna Ward. Cost: \$250 (early bird \$200 by 21 February)</p> <p>The Good Book Club. 7.30pm. Carmelite Library With: Richard Goss & Bernie Bicknell Book: Lammin Sanneh <i>Whose religion is Christianity? The Gospel beyond the West</i> Cost: \$5</p>
22	<p>Meditation 7-8pm. The Malone Room With: Peter Thomas. Cost: Donation</p>
23	<p>Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p> <p>Reading St John of The Cross An introduction to the life and thought of a 16th Century Mystic. 10.30-12pm. Carmelite Library With: Rom Brady. Cost: \$10 (Early Bird \$8 by 9 March)</p>
27	<p>Lenten Prayer 7.30-8.00am The Elijah Chapel, OLMC Church</p> <p>Carmelite Library Seminar—Theological Education in Australia 7.30-9.30pm. O'Connor Pilkington Rooms Guest Speaker: Paul Beirne. Cost: \$20 (early bird \$15 by 15 March)</p>
	<p>Dream Group week 4 7-8.30pm in The Malone Room With: Donna Ward. Cost: \$250 (early bird \$200 by 21 February)</p>
29	<p>Meditation 7-8pm. The Malone Room With: Peter Thomas. Cost: Donation</p>
30	<p>Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free</p>
31	<p>Peace Matters—An evening of transcendent music & stories from John Lander. 6-7pm. St Joseph's Church Port Melbourne Cost: \$60 supper incl. (early bird \$55 by 17 March) Proceeds go to the Brigidine Asylum Seeker Project.</p>



APRIL

3	Lenten Prayer : 7.30-8.00am The Elijah Chapel, OLMC Church
	Dream Group week 5 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
4	Lenten Journal Gathering. Share your Lenten writings & reflections . 7-8pm Carmelite Library With: Donna Ward . Cost: Free
5	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
6	Good Friday
8	Easter Sunday
10	Dream Group week 6 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
12	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
13	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
16	Iconography Course—10 weeks Learn a sacred art. 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
17	Dream Group week 7 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
	The Good Book Club. 7.30pm. Carmelite Library With: Richard Goss & Bernie Bicknell Book: Bede Griffiths <i>The Golden String and The Cosmic Revelation</i> . Cost: \$5
18	Poetry for the soul—First of Four Sessions Medieval poets Hildegard of Bingen and Rumi. 6.30-8pm. O'Connor Pilkington. With: Philip Harvey . Cost: \$20 (early bird \$15 by 4 April) includes supper

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APRIL (CONT'D)

19	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
20	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
21	Easter Retreat Day Deepen and transform the way you pray 10am-3pm O'Connor Pilkington Rooms With: Adrian Jones . Cost: \$35 (early bird \$30 by 7 April) BYO Lunch
23	Iconography Course week 2 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
24	Dream Group week 8 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
26	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
27	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
28	April Lake Walk Experience the spirituality of friendship and in nature 10.30am Meet at Albert Park Lake With: Damien Peile . Cost: Free BYO Lunch
29	Baking with Honey Honey not only tastes good, but it's great for our health. 1-4pm. O'Connor Pilkington Rooms With: Gayle McIntyre . Cost: \$45 (early bird \$40)
30	Iconography Course week 3 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)



MAY

1	Dream Group week 9 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
2	Wednesdays with Fr Matthew A spirituality discussion group based on material from Richard Rohr When: 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
3	Meditation for Beginners ½ hr teaching session before meditation. When: 6.30pm. The Malone Room. Cost: \$5
	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
4	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
7	Iconography Course week 4 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
8	Dream Group week 10 7-8.30pm in The Malone Room With: Donna Ward . Cost: \$250 (early bird \$200 by 21 February)
9	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
10	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
11	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
14	Iconography Course week 5 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
15	The Good Book Club. 7.30pm. Carmelite Library With: Richard Goss & Bernie Bicknell Book: <i>Poems of John Keats</i> selected by Peter Newman Cost: \$5
16	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
	Self Care: Keeping Ourselves in Good Mental Shape 7-9pm O'Connor Pilkington Rooms With: Michael McGartland . Cost: \$20 (early bird 2 May \$15)

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MAY (CONT'D)

17	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
18	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free
19	Easy as Pie Learn different ways to make a pie. 1-4pm. O'Connor Pilkington Rooms With: Gayle McIntyre . Cost: \$45 (early bird 5 May \$40)
21	Iconography Course week 6 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
22	iGod Forum—Session 2 Discover how to use the latest gadgets to transform the way we see and interact with the world. 7.30-8.30pm St Josephs Hall, Port Melbourne With: David Cheah . Cost: \$30 (early bird \$25 by 29 Feb)
23	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
24	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
25	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free.
26	Prayer of the Heart Meditation Retreat (Day 1) Non residential weekend retreat. Open to people of all ages and beliefs. 10-4pm. O'Connor Pilkington Rooms With: Fr. Denis Andrew OCarm. & Peter Thomas Cost: \$35 (early bird \$30 by 12 May) BYO Lunch
27	Prayer of the Heart Meditation Retreat—Day 2 10-4pm in the O'Connor Pilkington Rooms BYO Lunch
28	Iconography Course week 7 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
30	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
31	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation



JUNE

1	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
3	Sourdough Bread-making Make your own dough to take home and bake in the morning! 1-4pm. O'Connor Pilkington Rooms With: Gayle McIntyre. Cost: \$45 (early bird \$40 by 20 June) includes course notes.
4	Iconography Course week 8 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
6	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
7	Meditation for Beginners ½ hr teaching session before meditation. 6.30pm. The Malone Room. Cost: \$5
	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
8	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free.
11	Queen's Birthday Public Holiday - No Iconography Course
13	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
14	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation.
15	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free.
16	Carmelite Spirituality Retreat 10.30am-3pm. O'Connor Pilkington Rooms With: Cyprianus Verbeek OCarm Cost: \$35 (early bird \$30 by 2 June) BYO Lunch.
18	Iconography Course week 8 6-9pm The Malone Room With: James Waller , Creative Fellow of the Carmelite Library Cost: \$350 (early bird \$300 by 2 April)
19	The Good Book Club. 7.30pm. Carmelite Library With: Richard Goss & Bernie Bicknell Book: Dalai Lama XV, The Art of Happiness Cost: \$5

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JUNE (CONT'D)

20	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
21	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
22	
25	Iconography Course Final week (10) 6-9pm The Malone Room With: James Waller . Cost: \$350 (early bird \$300 by 2 April) Includes a seminar with drinks
27	Wednesdays with Fr Matthew 9.30-11am. O'Connor Pilkington Rooms Cost: \$10 includes morning tea
	Poetry for the Soul Session 2 The Renaissance Poets St John of the Cross & John Donne 6.30-8pm in O'Connor Pilkington Rooms With: Philip Harvey . Cost: \$20 (early bird \$15 by 13 June) includes supper.
28	Meditation 7-8pm. The Malone Room With: Peter Thomas . Cost: Donation
29	Lectio Divina 9.30-10.15am The Lady Chapel, OLMC Church. Cost: Free



FACILITATOR PROFILES

Here is a brief introduction to our facilitators and guest speakers. You may want to find out a little more about them by visiting our website—www.thecarmelitecentremelbourne.org

Jim De Laurier is a Carmelite, a qualified Spiritual Companion and Board Member of the Carmelite Centre. He provides spiritual support for the Lay Carmelite Community and manages the relationship between the Centre and Carmelite Institute Britain & Ireland.

Peter Thomas is a filmmaker with an interest in meditation. He has produced films on the Dalai Lama, Thich Nhat Hanh and a number of Christian monastics in Australia and abroad.

Charles Thermos is an experienced psychologist, group facilitator and consultant with a strong interest in wisdom-spirituality traditions. He is committed to his own practices of daily presence and meditation

Damien Peile is Carmelite Centre Pastoral Adviser and a counselor at the Alfred Hospital. He is called to help people find psychological and spiritual meaning in life. Damien offers Contemplative Counseling at the Carmelite Centre.

Bernie Bicknell is a Middle Park-Port Melbourne parishioner who convenes the Good Book Club. He works in a senior business role, is involved with charity organizations and like most people, seeks the secrets of happiness and success.

Richard Goss is a Middle Park-Port Melbourne parishioner who convenes the Good Book Club. He reads for pleasure, enlightenment and to avoid danger. 'Convictions are more dangerous enemies of truth than lies,' says Nietzsche.

Peter Cullen is the founder of the national organization Reclink. A public speaker and mentor, he believes sport and recreation provide a means for disadvantaged young people to discover self-esteem, purpose and community.

Janet Cribbes co-ordinates CatholicCare's Bushfire Community Recovery Service. Former Mayor and Councilor of the City of Port Philip (2004 - 2008) and Parish Council Chairperson of the St Kilda-Elwood Parish.

Rom Brady is a Middle Park-Port Melbourne parishioner, a regular visitor to the Carmelite Library and an avid reader with an extensive knowledge of literature. Rom shares, with a grateful heart time for reflection and discovery.



Paul Beirne Paul Beirne is Dean, CEO and Professor of Comparative Religion at MCD University of Divinity and played an integral part in MCD gaining specialized university status. He holds an MA in East Asian Studies from Yonsei University in Seoul, South Korea, a Masters in Divinity from Catholic Theological Union in Chicago, a Doctor of Ministry from Chicago Theological Seminary and a PhD from the School of History, Philosophy, Religion and Classics at the University of Queensland.

John Landers has sung professionally world-wide, giving recitals in France, Lieder concerts in Germany and Austria, Baroque solo cantatas in Italy and at the world premiere of the Song of the Children of Chernobyl in Russia. He was Ambassador to Iran during the Iraq war and UNESCO representative in Europe dealing with natural disasters.

Matthew Field is one of Australia's finest pianists performing extensively in Melbourne including the main stage of Federation Square. He has recorded several albums including his debut solo album *At The Piano*.

Donna Ward runs workshops and retreats on dreams and the writing life. A writer, editor and publisher she is also a qualified Social Worker. Her dream mentors are Peter O'Connor and Robert Bosnak.

Philip Harvey is the Librarian at the Carmelite Library and the Poetry Editor of the Jesuit online magazine *Eureka Street*. He has a passion for literature and has been published widely in Australia and internationally.

Adrian Jones has led spirituality courses and retreats for over 30 years. Adrian is a qualified Spiritual Companion and serves on various committees advising on Carmelite Spirituality and life.

Catherine Smith is a qualified Spiritual Companion and was previously involved in Catholic prison ministry. She considers it a privilege to listen and help to deepen awareness of God's mystery in everyday life.

Gayle McIntyre is a Middle Park-Port Melbourne parishioner who works in education at Trinity College. Recently Gayle began 'The Bread and Honey Kitchen' and offers bread-making and other baking courses.



James Waller's contemporary icons have been shown in St Patrick's Cathedral, the Riddoch Regional Art Gallery, SA and the Moores Building, WA. His Orthodox icons are held in private and church collections in the ACT and NSW.

Matthew McPhee is a Carmelite with many years experience directing Prayer Houses across Australia. Matthew has a practical, warm and intuitive manner and believes God is ever present in our hearts and minds. Matthew also has a beautiful singing voice and recently produced his second CD.

David Hofman is a Carmelite and the Middle Park-Port Melbourne parish priest. Convener of the Carmelite Centre and Director of the National Shrine of Our Lady of Mt Carmel, he is a sought after facilitator of workshops on spirituality, liturgy, music and various forms of prayer.

Denis Andrew is the spiritual leader for the annual Carmelite Pilgrimage and talks on Carmelite Spirituality during retreats and other workshops. He is the Prior Provincial of the Carmelite Order in Australia and East Timor.

David Cheah is a gadgeteer with a passion for all things spiritual who believes gadgets can enhance our faith. A futurist by profession, he consults with business on strategy, marketing and communication.

Michael McGartland is the Principal Clinical Psychologist at Alfred Health and has worked in clinical and counseling psychology for over 30 years. He has served on many community boards, government and industry advisory committees and is a regular presenter at the Carmelite Centre.

Cyprianus Verbeek is renowned for living as a Carmelite hermit and for promoting Contemplation and Carmelite Life and Spirituality in everyday life. By invitation from the Australian Indonesian community, Cyprianus is visiting Australia for the first time.

Irene Hayes is the Carmelite Centre Leader and key contact for those undertaking the Carmelite Spirituality online course.

*The marvels of God are not brought forth from one's self.
Rather, it is more like a chord, a sound that is played.
The tone does not come out of the chord itself, but rather,
through the touch of the Musician.
I am, of course, the lyre and harp of God's kindness.*

HILDEGARD OF BINGEN, attributed, *Soul Weavings*

*I entered into unknowing,
and there I remained unknowing
transcending all knowledge.
1. I entered into unknowing,
yet when I saw myself there,
without knowing where I was,
I understood great things;
I will not say what I felt
for I remained in unknowing
transcending all knowledge.*

Stanzas Concerning An Experience In High Contemplation – St John of The Cross



PARISH OF PORT MELBOURNE AND MIDDLE PARK

OUR HOLY WEEK AND EASTER CEREMONIES 2012

COMMUNITY RECONCILIATION

Monday 26 March 7.30pm: St Joseph's

Wednesday 28 March 7.30pm Mount Carmel

PASSION SUNDAY 31 MARCH / 1 APRIL

6.00pm: Vigil mass at Mount Carmel Saturday 31 March

9.00am: mass at Saint Joseph's Sunday 1 April

10.30am: mass at Mount Carmel Sunday 1 April

HOLY THURSDAY 5 APRIL

9.00am: Morning Prayer – both churches

7.30pm: Mass of the Lord's Supper – Mount Carmel

GOOD FRIDAY 6 APRIL

10.00am: Morning Prayer – both churches

3.00pm: Good Friday Ceremonies – both churches

HOLY SATURDAY 7 APRIL

10.00am: Morning Prayer – both churches

7.30pm: Easter Vigil at Mount Carmel

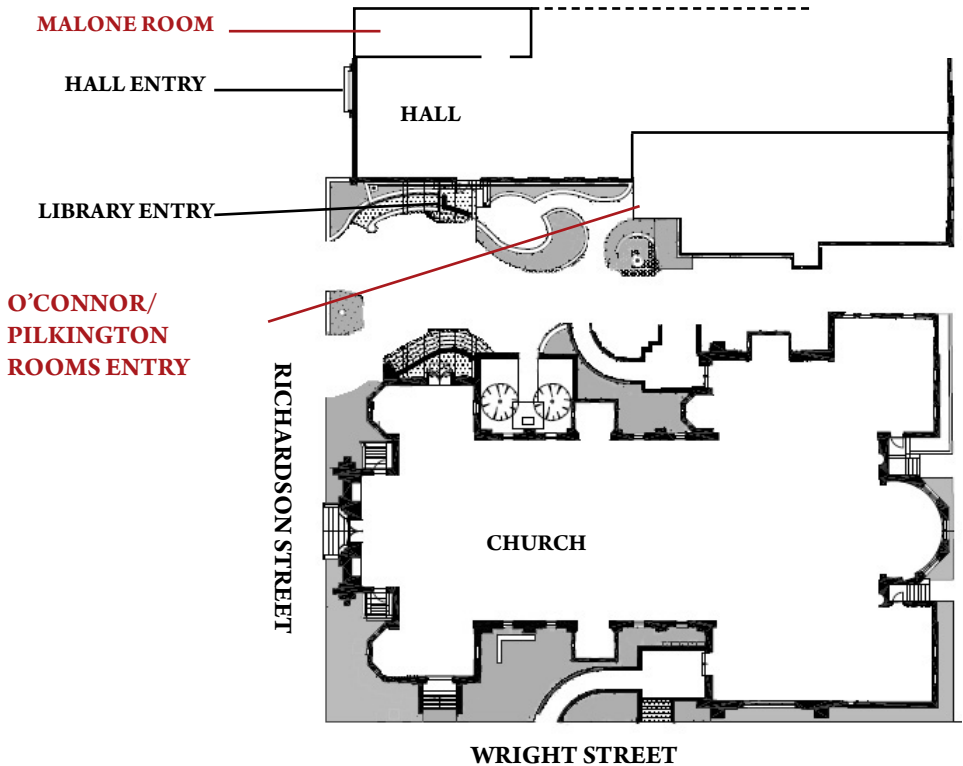
EASTER SUNDAY 8 APRIL

9.00am: Easter Sunday mass at Saint Joseph's

10.30am: Easter Sunday mass at Mount Carmel



The O'Connor/Pilkington Rooms
The Carmelite Centre
214 Richardson Street
Middle Park Vic 3206



Tram 112 from Collins Street to cnr of Mills and Richardson Streets and
Tram 96 from Bourke Street to Wright Street stop on the light rail
Mel Ref 2K C 10.

