

"The Carmelite Way – A Bush Walk with a Bit of Prayer"

Friday 11 to Sunday 13 November 2011

An initiative of The Carmelite Centre



Calling for Expressions of Interest

Join us on the Australian 2011 Carmelite pilgrimage as we weave our way through the beautiful Yarra Valley on a Pilgrimage walk we now call, “The Carmelite Way”.

The pilgrimage will commence on Friday 11 and will be completed on Sunday 13 November 2011.

In the tradition of the great Christian pilgrimages of Europe, “The Carmelite Way” offers the pilgrim a unique Australian Springtime experience to walk through the stunning scenery of the Yarra Valley and to enjoy the company of fellow walkers.

Pilgrims will meet on Sunday 6 November 2011 at Our Lady of Mount Carmel Church for a special commissioning liturgy and then return on Friday 11 November for transportation to Lilydale. From this point, pilgrims will walk the Warburton trail and the O’Shannassy Aqueduct Trail in three walking stages with the final destination being the Carmelite *Sancta Sophia Meditation Community* at Warburton for Mass and lunch. Pilgrims will then be transported back to Middle Park.

Total walking distance is approximately 41.8km.

Accommodation is in Warburton and each day pilgrims are transported via minibus to and from the trail.

Led by Carmelite Prior Provincial, Denis Andrew O.Carm, this will be a typical Australian bush walk with moments along the way devoted to prayer and reflection. Evenings will include short presentations on Carmelite Spirituality by guest speakers.

Costs, inclusive of accommodation, travel and food, to be advised.

Every effort will be made to keep the overall cost as low as possible. This is your opportunity to walk, form friendships, reflect and have a great few days in the Australian countryside.

At this stage we are looking for **expressions of interest (EOI)** from people who might like to join us or simply to be involved in other ways such as:

- Helping with preparation walks beforehand
- Preliminary organization e.g. accommodation
- Providing back up support to walkers during the pilgrimage
- Drivers for mini bus

Contact us now, even if you are unsure, as we want to make the walk as inclusive as possible.

See Expression of Interest form on the back of this insert.

Complete and leave in basket provided in foyer of church or email to info@thecarmelitecentremelboure.org

It is anticipated the walk will be broken up this way:

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| Day One | Lilydale – Sunnyside Road (16.5km) |
| Day Two | Sunnyside Road – O’Shannassy Aqueduct Trail (14.6km) |
| Day Three | O’Shannassy Aqueduct Trail – Warburton Meditation Community (10.7km) arriving for Eucharist at Sancta Sophia, lunch and then return home. |

A back up vehicle will carry heavy backpacks etc to the place of accommodation, so it is only necessary to carry essentials on the walk.

There is an information evening about the Pilgrimage on **Thursday 29 September 7pm** at the Carmelite Centre.

All participants will need to sign a disclaimer in relation to the walk.

EDI Form

Name _____

Contact Details:

Tel _____

Email _____

- I am very interested and likely to participate in the pilgrimage
- I am interested but need more information
- I have some experience which may help those organizing the pilgrimage
- I am willing to assist with preparation prior to the pilgrimage
- I would be available to assist the back up vehicle for the weekend

Please leave this form in the basket in the foyer of the Church or email your responses to:

info@thecarmelitecentremelbourne.org

For telephone enquiries, contact Irene or Damien on 03 9690 5430